

BALLERINA WALTZ

Dance: Harry & Pat Lukens, 7228 Waterford Dr., St. Louis, Missouri

POSITION: (Intro-M facing partner & wall) (Dance-closed pos. M facing LOD)

FOOTWORK: Opposite throughout the dance, steps described are for the M.

INTRODUCTION (4 meas)

Meas.

1-4 WAIT; WAIT; BAL APART, POINT, -; BAL TOGETHER (to closed facing LOD), TOUCH, -;

Wait 2 meas in Open-facing pos; partners step bwd away from each other, M on L and W on R, point free toe fwd twd partner and hold 1 ct; step together maneuvering 1/4 L (M on R-W on L) to closed pos. M facing LOD, touch free toe to weighted ft, hold 1 ct;

DANCE

1-4 FWD. WALTZ, 2, 3; FWD. WALTZ, 2, 3; TWIRL, 2, 3; STEP, SWING, LIFT; In closed pos. & start L ft-two fwd waltzes moving in LOD; M steps in place L,R,L turning 1/4 R to face wall as W twirls 3/4 L diag. twd wall & RLOD in three steps R,L,R under joined M's L & W's R hands to end in butterfly pos. partners facing; assume butterfly sidecar as M steps in place on R turning to face slightly twd wall & RLOD, swing left ft twd wall with toe pointing twd. floor, rise on toe of R (W in place on L, swing R diag. twd COH & LOD, rise on L);

5-8 STEP, SWING, LIFT; MANEUVER, 2, 3; WALTZ TURN, 2, 3; TWIRL, 2, 3; M steps in place on L turning to face slightly diag. to wall & LOD as he assumes banjo pos., swing R ft twd. wall with toe pointing twd floor, rise on toe of L (W Opp.); M maneuvers stepping fwd twd wall R,L,R turning to face RLOD to assume closed pos.-W steps L,R,L turning in place to face partner & LOD; start bwd in LOD on L ft and do one R turning waltz down LOD; M walks R,L,R as W twirls R face (one twirl) in LOD L,R,L under joined M's L & W's R hands ending closed pos M facing LOD;

9-12 FWD. WALTZ, 2, 3; FWD. WALTZ, 2, 3; TWIRL, 2, 3; STEP, SWING, LIFT; Repeat meas. 1-4.

13-16 STEP, SWING LIFT; MANEUVER, 2, 3; WALTZ TURN, 2, 3; TWIRL, 2, 3; Repeat meas. 5-8 end in varsouvienne pos. facing LOD.

17-20 FWD. WALTZ, 2, 3; FWD. WALTZ, 2, 3; FACE, 2, 3; CROSS OVER, 2, 3; In varsouvienne pos. start L ft and do two waltzes moving fwd in LOD; with hands still joined M steps, L,R,L in place turning 1/4 R to face wall as W steps R,L,R turning 3/4 R to face ptr. and COH with arms crossed-M's L arm over his R; cross over or change places with hands still joined-M steps fwd twd wall R,L,R turning 1/4 R to face RLOD as W steps L,R,L on M's right side turning 1/4 L to face RLOD; end in varsouvienne pos. facing RLOD;

21-24 BWD. WALTZ, 2, 3; BWD. WALTZ, 2, 3; FACE, 2, 3; CROSS OVER, 2, 3; Start L ft. and do two waltzes backward in LOD; with hands still joined M steps L,R,L in place turning 1/4 R to face COH as W steps R,L,R turning 3/4 R to face ptr. and wall with arms crossed in front as in Meas. 19; release hands as M steps R,L,R moving twd COH & turning 1/4 R to face LOD as W passes on M's Right Side in a solo turn L,R,L moving twd wall (W solo turns 3/4 left to end facing RLOD); end in banjo pos. M facing LOD and W facing RLOD.

25-28 FWD. WALTZ, 2, 3; STEP, SWING, LIFT; FWD. WALTZ, 2, 3; MANEUVER, 2, 3; In banjo pos. M moves fwd in LOD as W backs up in LOD one waltz meas. L,R,L; M steps fwd on R swing L fwd with toe pointing twd floor, rise on toe of R W step back on L, swing R fwd in RLOD toe pointing downward, rise on toe of L; repeat meas. 25-one waltz moving in LOD in banjo; M steps R,L,R maneuvering 1/2 R to face RLOD as W steps in place L,R,L maneuvering 1/2 R to face LOD; end in closed pos M facing RLOD.

29-32 WALTZ TURN, 2, 3; WALTZ TURN, 2, 3; WALTZ TURN, 2, 3; TWIRL, 2,3; M step bwd on L in LOD and do three R turning waltzes moving in LOD; W twirls in three steps L,R,L as M walks R,L,R; end in closed pos facing LOD.

PERFORM ENTIRE DANCE FOR A TOTAL OF THREE TIMES

ENDING: Partners make standard acknowledgement following twirl in meas 32 of their and last sequence of dance.

NOTE* This is a slow, smooth flowing dance and the movements should all be executed in a deliberate and precise manner, especially the lifts.