

DON'T GET AROUND MUCH ANYMORE

Choreography: Jim and Adele Chico

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CD: As Time Goes By – The Great American Song Book – Vol II, Track 3; By Rod Stewart.

NOTE: Available as a single track from several music download sources (e.g. – www.real.com)

FOOTWORK: OPPOSITE. Directions for man unless otherwise indicated.

ROUNDALAB PHASE: IV

RHYTHM: FOX TROT

SEQUENCE: INTRO A B A B END

INTRO (cp drw):

(1 - 4) 2 MEAS WT;; QK DIAMOND 4; DIP BK & REC;

In CP fcg DRW Wt 2 Meas;; Fwd L comm LF trn, Fwd & Sd R cont trn, Bk L, Bk R blnd to CP DLW; Bk L lowrg relx knee,-, Rec R risng straightn knee,-;

A (cp dlw):

(1 - 4) REVERSE WAVE;; IMPETUS SCP; FEATHER;

Fwd L comm LF trn (W Bk R hl trn),-, Fwd & Sd R (W Cls L) cont trn, Bk L to CP DRC; Bk R comm LF trn,-, Bk L cont trn, Bk R to CP RLOD; Bk L comm RF hl trn,-, Cls R (W Sd & Fwd L arnd M brsh R to L) cont trn, Fwd L to SCP DLC; Fwd R (W Fwd L comm LF trn),-, Fwd L (W cont trn Sd & Bk R), XRif (W XLib) to CBJO DLC;

(5 - 8) OP REVERSE TRN; BK 3 STEP; BK FEATHER 4; HESITATION CHG;

Fwd L comm LF trn,-, Fwd & Sd R cont trn, XLib (W XRif) to CBJO RLOD; Bk R Blndg CP,-, Bk L, Bk R; Bk L blndg to CBJO, Bk R, Bk L, Bk R; Bk L comm RF trn,-, Sd R cont trn, Drw L to R to CP DLC;

(9 -12) REVERSE TRN;; 3 STEP; NATURAL TURN 1/2;

Fwd L comm LF trn (W Bk R hl trn),-, Fwd & Sd R (W Cls L) cont trn, Bk L to CP RLOD; Bk R comm LF trn,-, Sd & Fwd L to CP Wll, XRif (W XLib) to CBJO DLW; Fwd L,-, Blndg to CP Fwd R, Fwd L; Fwd R comm RF trn (W Bk L hl trn),-, Fwd & Sd L (W Cls R) cont trn, Bk R to CP RLOD;

(13-16) CLOSED IMPETUS; FEATHER FIN; QK DIAMOND 4; DIP BK & REC;

Bk L comm RF hl trn,-, Cls R cont trn, Bk L cont trn to CP DLW; Bk R comm LF trn,-, Sd L cont trn, XRif (W XLib) to CBJO DLC; Fwd L comm LF trn, Fwd & Sd R cont trn, Bk L, Bk R blnd to CP DRC; Bk L lowrg relx knee,-, Rec R risng straightn knee,-;

B (cp drc):

(1 - 4) DIAMOND TRN 1/2;; 3 STEP; FEATHER;

Fwd L trn LF,-, Sd R cont trn, XLib (W XRif) to CBJO fcg DRW; Bk R cont LF trn,-, Sd L cont trn, XRif (W XLib) to CBJO fcg DLW; Fwd L,-, Blndg to CP Fwd R, Fwd L; Fwd R,-, Fwd L, XRif (W XLib) to CBJO DLW;

(5 - 8) HOVER TELMK; FWD,-, FC, CLS; SD DRW L & R; VINE 4 SCP;

Fwd L,-, Fwd & Sd R risng blnd to CP comm 1/8 RF trn, Rec L lowrg to SCP LOD; Fwd R comm RF (W LF) trn twds ptr, Fwd & Sd L cont trn, Cls R to L blndg to CP Wall; Sd L, Drw R to L, Sd R, Drw L to R; Sd L, XRif (W XLib), Sd L, XRif (W XLib) blndg to SCP;

(9 -12) FWD,-, RUN 2; FEATHER; 3 STEP; FEATHER;

Fwd L,-, Fwd R, Fwd L; Fwd R (W Fwd L comm LF trn),-, Fwd L (W cont trn Sd & Bk R), XRif (W XLib) to CBJO; Repeat Part B, Meas 3; Repeat Part B, Meas 4 to CBJO curvg slightly LF to DLC;

(13-16) DIAMOND TRN 1/2;; QK DIAM 4; DIP BK & REC;

Fwd L trn LF,-, Sd R cont trn, XLib (W XRif) to CBJO DRC; Bk R cont LF trn,-, Sd L cont trn, XRif (W XLib) to CBJO DRW; Repeat INTRO, Meas 3-4;;

END (cp dlw):

(1 - 5) REVERSE WAVE CHKG;; QK DIAMOND 4; DIP BK & REC; SLOW FWD & R LUNGE;

Repeat Part A, Meas 1-2 chkg bkwrdr motn;; Repeat INTRO, Meas 3-4;; Fwd L,-, Fwd & Sd R lowrg with L sd stretch (W head well L),-;