

ACT NATURALLY

CHOREOGRAPHY: Jim and Adele Chico

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RECORD: CAPITOL S7-18901; TITLE, SAME By The Beatles. (Flip With Yesterday) Slow to 43 rpms or to suit

FOOTWORK: OPPOSITE. Directions for man unless otherwise indicated.

ROUNDALAB PHASE: II + 1 (FIGURE 8).

RHYTHM: TWO STEP

SEQUENCE: INTRO A B A Brg A B A END

INTRO (OP FCG):

(1 - 4) 2 MEAS WT;; APT,-, PT,-; TOG,-, TCH TO SCP,-;

In OP FCG Wt 2 Meas;; Stp Apt L,-, Pt R at ptr,-; Stp Tog on R,-, Tch L to R blind to SCP LOD,-;

A (SCP):

(1 - 4) 2 FWD TWO STPS;; SLOW ROLL 4 TO OP;;

Fwd L, Cls R, Fwd L,-; Fwd R, Cls L, Fwd R,-; Fwd L comm LF trn (W RF),-, Sd & Fwd R cont trn,-; Bk & Sd L cont trn to fc ptr,-, XRif (W XLif) blind to OP LOD,-;

(5 - 8) FWD, LK, FWD,-; TWICE; STRUT 4 TO BFY;;

Fwd L, Lk Rib, Fwd L,-; Fwd R, Lk Lib, Fwd R,-; Fwd L,-, Fwd R,-; Fwd L,-, Fwd R trng in to fc ptr blind to BFY,-;

(9 -12) FC-FC; BK-BK; B-BALL TRN TO FC WALL;;

Sd L, Cls R, Sd L trn LF (W trn RF) 1/2,-; Sd R, Cls L, Sd R trn RF (W trn LF) 1/2 to BFY,-; Sd L relx knee,-, Rec R strt knee trn RF (W Rec L trn LF) 1/2,-; Sd L relx knee,-, Rec R strt knee trn RF (W Rec L trn LF) 1/2 blind to BFY Wall,-;

(13-16) 2 SD CLSES; SD & THRU; SLOW OP VINE;; ^{1,3}(cp wall) ^{2,4}(op lod)

Sd L, Cls R, Sd L, Cls R; Sd L,-, XRif (W XLif),-; Sd L Drop trlg hnd hld trn RF (W LF),-, Cont trn XRib (W XLib) to LOP fc RLOD,-; Trng LF (W RF) to fc ptr Sd L,-, XRif (W XLif) ^{1,3}(blind to CP Wall,-;) ^{2,4}(blind to OP LOD,-;)

B (CP WALL):

(1 - 4) L TRNG BOX 1/2;; CIRC STRUT 4 TO CLSD;; (cp coh)

Sd L, Cls R, Fwd L trn LF 1/4,-; Sd R, Cls L, Bk R trn LF 1/4,-; Circlg LF (W RF) awy fm ptr Fwd L,-, Fwd R,-; Cont circ in to ptr Fwd L,-, Fwd R to CP COH,-;

(5 - 8) 1/2 BOX FWD; SCIS THRU; AWY,, KCK,, FC,, TCH,, (cp coh)

Sd L, Cls R, Fwd L,-; Sd R, Cls L, XRif (W XLif),-; Sd L Trn awy fm ptr to 1/2 OP fcg RLOD,-, Ralse R knee & swng leg fwd toe ptng to flr,-; Sd R trng in to ptr,-, Tch L to R to CP COH,-;

(9 -12) L TRNG BOX 1/2;; CIRC STRUT 4 TO CLSD;; (cp wall)

Repeat Part B, Meas 1-4 to CP Wall;;;

(13-16) 1/2 BOX FWD; SCIS THRU; 2 TRNG TWO STEPS TO SCP;;

Repeat Part B, Meas 5-6 to CP Wall;; Sd L, Cls R, Sd & Fwd L trn RF 1/2 to COH,-; Sd R, Cls L, Sd & Fwd R cont trn to fc Wall blind to SCP fcg LOD,-;

Brg (OP LOD):

(1 - 8) FIGURE EIGHT WITH SCOOTS;;;;;; (scp lod)

(1 - 4) {Circ Awy 2 Two Stps;; Scoot Tog; Wk 2 (Passing R Shldrs);}

Trng awy fm ptr & with LF circlg motn (W RF) Fwd L, Cls R, Fwd L,-; Fwd R, Cls L, Fwd R,-; Trn LF twds ptr (W RF) Fwd L, Cls R, Fwd L, Cls R; Fwd L,-, Fwd R passg R shldrs adjct trng slightly LF (W RF),-;

(5 - 8) {Circ Awy 2 Two Stps;; Scoot Tog; (Passing R Shldrs) Wk 2 To SCP;}

With RF circlg motn (W LF) awy fm ptr Fwd L, Cls R, Fwd L,-; Fwd R, Cls L, Fwd R,-; Trn RF (W LF) twds ptr Fwd L, Cls R, Fwd L, Cls R; With longr stps Fwd L passg R shldrs adjct,-, Fwd R trn RF (W LF) twds LOD blind to SCP,-;

END (OP LOD):

(1 -3.5) CIRC AWAY 2 TWO STPS;; RUN TOG 4; (op fcg) PT LOD,,

Repeat Part C, Meas 1-2;; Fwd L, Fwd R, Fwd L, Fwd R jng trlg hnds; Ext L Sd tch toe to flr pt to LOD,-,