

Aoba-jyo Castle



Choreographers: Kenji & Nobuko Shibata, 820 Ryan Place #144, Pleasant Hill, CA 94523-5177
(925) 609 - 7801 e-mail: knshibata@juno.com

Special thanks to Chuck & Betsy Berry for their suggestion to use this song

Record: Special CD "Shall We Round Dance" available from Choreographers

Suggested Speed: 20 MPM (The music on CD is played at this tempo) - 21 MPM

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Rhythm & Phase: Bolero VI (Timing: SQQ except as noted)

Sequence: **Intro A B Bridge A B C A B B Ending**

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Meas

INTRO

1-5 WAIT; LUNGE BREAK; R PASS w/ SYNC INSIDE UNDERARM TRN; NEW YORKER; RIFF TRN;

- 1 In LOP Fcg Pos M fcg LOD M's R & W's L free wait 1 meas;
- S - - 2 **{Lunge Break}** Sd & fwd R, -, flexing R knee extend L sd & bk stretching R-hnd up & out, comm (W SQQ) rising on R (W sd & bk L, -, bk R under body flexing knee L ft extended fwd stretching L-hnd up & out, rec L);
- SQQ 3 **{R Pass w/ Sync Inside Underarm Trn}** Straightening R knee cl L raising jnd lead hnds shape to (W SQ&Q&) R, -, leading W trn LF under jnd lead hnds bk R trng RF small step under body flexing knee, rec L trng LF to fc WALL (W fwd R shape to L, -, fwd L comm trng LF 1-3/4 under jnd lead hnds/sd & bk R cont trng, fwd L cont trng LF/sd & bk R cont trng LF to fc M) end momentary in LOP Fcg Pos M fcg WALL;
- SQQ 4 **{New Yorker}** Sd R trng RF to fc LOD, -, fwd L thru flexing knee, rec L trng LF to fc WALL;
- QQQQ 5 **{Riff Trn}** Sd L raising jnd lead hnds, leading W trn RF cl R, sd L raising jnd lead hnds, leading W trn RF cl R (W sd & fwd R comm spinning RF, spin RF on R under jnd lead hnds to fc M cl L, sd R & fwd R comm spinning RF, spin RF on R under jnd lead hnds to fc M cl L) end in LOP Fcg Pos M fcg WALL;

6-9 UNDERARM TRN; DBL RONDE; HOLD & TWIST (W SPIRAL & ROLL OUT); LUNGE BREAK;

- SQQ 6 **{Underarm Trn}** Sd L raising jnd lead hnds, -, slightly trng RF XRIB flexing knee leading W trn RF under jnd lead hnds, rec L trng LF to fc WALL (W sd R, -, XLIF comm trng RF under jnd lead hnds, rec R cont trng RF to fc M) end in CP M fcg WALL;
- SQQ 7 **{Dbl Ronde}** Sd & fwd R btwn W's ft ronde L CW comm trng RF 7/8, -, cont trng RF sd & fwd L, XRIB flexing knees (W sd & fwd L around M ronde R CW comm trng RF 5/8, -, XRIB, cont trng RF fwd L small step) end in momentary in Modified CP M fcg DLW W fcg DRW;
- - S 8 **{Hold & Twist (W Spiral & Roll Out)}** Hold leading W spiral LF under jnd lead hnds, -, releasing (W SQQ) both hnds twist RF 1-1/4 on both ft to fc DRW shifting weight to L (W fwd R small step spiraling LF full trn under jnd lead hnds to fc DRW, -, fwd L comm roll LF, cont rolling LF to fc M bk R) end in OP Fcg Pos M fcg DRW no hnd jnd;
- S - - 9 **{Lunge Break}** Joining lead hnds sd & fwd R, -, flexing R knee extend L sd & bk stretching R-hnd (W SQQ) up & out, comm rising on R (W sd & bk L, -, bk R under body flexing knee L ft extended fwd stretching L-hnd up & out, rec L) end in LOP Fcg Pos M fcg DRW;

PART A

1-4 CHECKED R PASS; SD LUNGE & SIT LINE; W TRN RF to SYNC FRONT VINE; TRNG HIP RKS;

- SQQ 1 **{Checked R Pass}** Sd & fwd L twd WALL raising jnd lead hnds joining trailing hnds at waist level, -, trng RF around W XRIB lowering lead hnds, cont trng RF sd & fwd L lowering both hnds (W fwd R, -, XLIF trng RF, cont trng RF bk R small step) end in WRAPPED Pos both fcg DLC;
- SQQ 2 **{Sd Lunge & Sit Line}** Fwd R cont trng RF to fc WALL join R-hnds to L-shape Pos, -, sd L flexing knee looking at W free L-hnd extended sd, rec R (W bk L cont trng RF to fc LOD, -, bk R flexing knee free L-hnd extended sd & bk, rec L) end in L-shape Pos M fcg WALL (W fcg LOD);
- - Q&Q 3 **{W Trn RF to Sync Front Vine M Trans}** Hold swiveling RF on R to fc RLOD leading W trn RF (W SQ&Q) under jnd R-hnds to L-SHADOW Pos both fcg RLOD M's L-hnd at W's L shoulder blade W's L-hnd extended sd, -, (now same footwork) fwd L/ trng LF sd R releasing R-hnds and joining L-hnds, cont trng LF to fc LOD bk L (W fwd R trng RF 1/2 under jnd R-hnds to fc RLOD to L-SHADOW Pos, -, fwd L/ trng LF sd R, cont trng LF to fc LOD bk L) end in SHADOW Pos both fcg RLOD M's R-hnd at W's R shoulder blade W's-R hnd extended sd;

PART A (cont'd)

- SQQ 4 **{Trng Hip Rks}** Trng RF to fc WALL sd R twd RLOD rolling hips CW, -, rec L rolling hips CCW, rec R rolling hips CW;
- 5-8 **TELESPIN ENDING to BJO M TRANS; OUTSIDE CHECK W DEVELOPE;**
OUTSIDE SWIVEL W SPIRAL to SHADOW; SHADOW CORKSCREW to FC;
- Q&Q 5 **{Telespin Ending to BjoM Trans}** Swivel LF on R to fc LOD leading W trn LF, -, assuming CP fwd (W SQ&Q) L comm trng LF/sd & fwd R around W, cont trng LF sd & fwd L twd DLW (W sd & fwd L trng LF to fc M assuming CP, -, bk R comm trng LF/cl L to R, cont trng LF sd & bk R) end in BJO M fcg DLW;
- S - - 6 **{Outside Check W Develope}** Fwd R outside ptr across body, -, hold shaping to R leading W develope, - (W bk L across body, -, lift R ft next to L knee shaping to L, extend R toe fwd);
- SQ - 7 **{Outside Swivel W Spiral to Shadow}** Bk L leading W swivel RF, -, fwd R across body twd DLC, (W SQQ) hold leading W spiral LF under jnd lead hnds & release jnd hnds (W fwd R outside ptr swiveling RF, -, fwd L across body, fwd R spiraling LF under jnd lead hnds) end assuming SHADOW Pos both fcg DLC L-hnds jnd M's R-hnd on her R shoulder blade W's R-hnd extended sd;
- Q 8 **{Shadow Corkscrew to Fc}** Twist LF on both ft leading W fwd, cont twist LF on both ft, cont twist (W QQQQ) LF on both ft to fc WALL, shift wgt to L (W fwd L comm circling around M CCW, fwd R, fwd L, fwd R trng LF to fc M) end in CP M fcg WALL;

PART B

- 1-8 **CONTRA BREAK; L PASS w/ SYNC INSIDE UNDERARM TRN;**
M TRANS to OPPOSITION CHECKS;;
- SQQ 1 **{Contra Break}** CP M fcg WALL sd & fwd R rotating upper body slightly LF, -, fwd L across body flexing knee, rec R (W sd & bk L rotating upper body slightly LF, -, bk R across body looking well left, rec L);
- SQQ 2 **{L Pass w/ Sync Inside Underarm Trn}** Sd & bk L trng upper body RF releasing R-hnd, -, bk R (W SQ&Q&) small step under body leading W trn LF, rec L trng LF to fc LOD (W sd & fwd R, -, fwd L comm trng LF under jnd lead hnds/sd & bk R small step cont trng LF, fwd L cont trng LF/sd & bk R cont trng LF to fc M) end in LOP Fcg Pos M fc LOD;
- QQ 3-4 **{M Trans to Opposition Checks}** Pt R sd leading W step sd (W sd L) joining both hnds to BFLY (W SQQ) Pos M fcg LOD, -, (now same footwork) XRIF slightly rotating upper body RF to fc DLW (W DRC), SQQ rec L slightly trng LF to fc LOD; Sd & fwd R slightly trng LF to fc DLC (W DRW), -, XLIF slightly rotating upper body LF to fc COH, rec R slight trng RF to fc DLC;
- 5-8 **SYNC CIRCLE VINE w/ RONDE;; OPPOSITION CHECK & REC;**
W INSIDE UNDERARM TRN M TRANS to FC;
- SQ&Q& 5-6 **{Circle Vine w/ Ronde}** Sd & fwd L BFLY M fcg LOD comm circling CW, -, cont circling CW XRIF/cont circling CW sd & fwd L, cont circling CW XRIB/cont circling CW sd & fwd L end in BFLY M fcg DRC; XRIF trng RF ronde L CW, -, XLIF comm circling CCW/cont circling CCW sd & fwd R, cont circling CCW XLIB/ cont circling CCW sd & fwd R end in BFLY M fcg LOD;
- SQQ 7 **{Opposition Check & Rec}** XLIF trng LF ronde R CCW to fc DLC (W fc DRW), -, XRIF slightly rotating upper body RF, rec L end in BFLY-BJO M fcg DLC;
- QQ 8 **{W Inside Underarm Trn M Trans to Fc}** Hold leading W fwd, -, (now opposite footwork) trng RF to fc WALL sd R raising jnd lead hnds, cl L leading W trng LF under jnd lead hnds (W fwd R twd DRW, -, fwd L, fwd R trng LF under jnd lead hnds to fc M) end in CP M fcg WALL;

Note: Stay in BFLY Pos and same footwork in Meas 3-7.

BRIDGE

- 1-2 **HIP LIFT; RIFF TRN;**
- S - - 1 **{Hip Lift}** CP M fcg WALL sd R, -, cl L to R without wgt lift hip with slight pressure on L, lower hip;
- QQQQ 2 **{Riff Trn}** Sd L raising jnd lead hnds, leading W trn RF cl R, sd L raising jnd lead hnds, leading W trn RF cl R (W sd & fwd R comm spinning RF, spin RF on R under jnd lead hnds to fc M cl L, sd R & fwd R comm spinning RF, spin RF on R under jnd lead hnds to fc M cl L) end in LOP Fcg Pos M fcg WALL;

PART C

1-4 NEW YORKER; UNDERARM TRN under TRAILING HNDS; BK BREAK w/ W's HEADLOOP; FWD MANUV PIVOT;

- SQQ 1 **{New Yorker}** CP M fcg WALL releasing trailing hnds sd R trng RF to fc LOD, -, fwd L thru flexing knee, rec L trng LF to fc WALL joining trailing hnds to BFLY M fcg WALL;
- SQQ 2 **{Underarm Trn under Trailing Hnds}** Sd L raising jnd trailing hnds, -, trng RF to fc RLOD bk R leading W trn LF under jnd trailing hnds, rec L (W sd R, -, XLIF comm trng RF under jnd trailing hnds, cont trng RF rec R to fc RLOD) end momentary in L-WRAPPED Pos both fcg RLOD;
- SQQ 3 **{Bk Break w/ W's Headloop}** Releasing lead hnds fwd R trng LF 1/2 to fc LOD raising jnd trailing hands over W's head, -, bk L placing jnd trailing hnds on W's R-shoulder & release, rec R placing R-hnd at W's shoulder blade (W fwd L trng RF 1/2 to fc LOD under jnd trailing hnds, bk R, rec) end in Modified WRAPPED Pos both fcg LOD lead hnds jnd IF of body M's R-hnd at W's R-shoulder blade W's L-hnd wrap her own body;
- SQQ 4 **{Fwd Manuv Pivot}** Fwd L, -, fwd R trng RF 1/2 to fc W assuming CP, bk L pivoting RF almost 1/2 (W fwd R, -, fwd L small step, fwd R btwn M's ft pivoting RF);

5-8 RUDOLPH RONDE to SYNC INSIDE UNDERARM TRN; NEW YORKER; SPOT TRN; LUNGE BREAK;

- SQ&Q 5 **{Rudolph Ronde to Sync Inside Underarm Trn}** Cont pivoting RF fwd R btwn W's ft flexing knee & roll body RF to lead W ronde end momentary in SCP both fcg LOD, -, bk L small step under body raising jnd lead hnds/trng RF sd R twd RLOD leading W trn LF under jnd lead hnds, XLIF (W cont trng RF bk L ronde R CW end momentary in SCP fcg LOD, -, bk R small step under body/sd L comm trng LF under jnd lead hnds, XRIF cont trng LF to fc M) end in LOP Fcg M fcg WALL;
- SQQ 6 **{New Yorker}** Sd R trng RF to fc LOD, -, fwd L thru flexing knee, rec L trng LF to fc WALL;
- SQQ 7 **{Spot Trn}** Sd L, -, releasing jnd hnds XRIF comm trng LF (W RF), cont trng LF to fc WALL rec L;
- S - - 8 **{Lunge Break}** Joining lead hnds sd & fwd R, -, flexing R knee extend L sd & bk stretching R-hnd (W SQQ) up & out, comm rising on R (W sd & bk L, -, bk R under body flexing knee L ft extended fwd stretching L-hnd up & out, rec L) end in LOP Fcg Pos M fcg DRW;

ENDING

1-4+ NEW YORKER; RIFF TRN; M TRANS to SYNC CIRCLE VINE; X RONDE W SPIRAL to WRAP; HOLD;

- SQQ 1 **{New Yorker}** Sd R trng RF to fc LOD, -, fwd L thru flexing knee, rec L trng LF to fc WALL;
- QQQQ 2 **{Riff Trn}** Sd L raising jnd lead hnds, leading W trn RF cl R, sd L raising jnd lead hnds, leading W trn RF cl R (W sd & fwd R comm spinning RF, spin RF on R under jnd lead hnds to fc M cl L, sd R & fwd R comm spinning RF, spin RF on R under jnd lead hnds to fc M cl L) end in LOP Fcg Pos M fcg WALL;
- - Q&Q& 3 **{M Trans to Sync Circle Vine}** Pt L sd & bk leading W step sd joining both hnds (W sd & fwd R slightly trng LF) to momentary in BFLY Pos M fcg DLW, -, (now same footwork) XLIF comm circling CCW/cont circling CCW sd & fwd R, cont circling CCW XLIB/ cont circling CCW sd & fwd R end in BFLY Pos M fcg WALL;
- SS - - 4+ **{X Ronde W Spiral to Wrap}** XLIF slightly trng LF ronde R CCW to BFLY-BJO M fcg DLW, -, sd & bk R small step leading W spiral LF under jnd hnds (W fwd R spiraling LF under jnd hnds) end in WRAPPED Pos both fcg DLW, -; Hold looking each other as music fades out, -;