

## BALLIN' THE JACK

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Record: "Ballin' the Jack" Georgia Gibbs Collectables 3716A

Footwork: Opposite, directions for man (*woman in parentheses*) Speed: 46-47 RPM Time: 3:00

Phase & Rhythm: Roundlab Phase 4 + 1 (Neck Slide) Jive/Foxtrot

Sequence: Introduction, A, B, C, A, END Released: JULY 1996

### INTRODUCTION-JIVE

#### Measures

##### 1-4 LOP FCG WALL WAIT 1; LINK ROCK SCP-FALLAWAY ROCK:::

- 1 1&,2,3&/4 With lead hands joined slightly apart from ptnr M fcg wall (*W coh*) wait 1;  
2 1,2,3&,4 Rk apt L, rec R, fwd L/cls R, fwd L;  
3 1&,2,3,4 Sd R/cls L, sd R, [begin fallaway rock] scp lod rk bk L, rec R fc;  
4 1&,2,3&/4 Sd L/cls R, sd L, sd R/cls L, sd R;

### PART A-JIVE

##### 1-4 SCP RK BK REC - SWVL CLS 6;; BFLY KNEE BOUNCE LEFT & RIGHT:::

- 1-2 1,2,3,4 Scp lod rk bk L, rec R fc ptnr, swvl L, cls R; swvl L, cls R, swvl L, cls R bring knees tog;  
3 1&,2&,3&,4 Bfly bend and swvl knees twd left flex and release knees with bouncing action down/up, down/up, down/up, straighten and swvl knees twd right;  
4 1&,2&,3&,4 Repeat bouncing action down/up, down/up, down/up, straighten and fc ptnr and shk hands;

##### 5-8 TRIPLE WHEEL 3 FC COH w/SPIN-M SPIN LFC::; RK BK REC-KICK BALL CHANGE:::

- 5 1,2,3&,4 [Begin triple wheel] Hand shk pos fcng wall rk apt L, rec R, fwd L/cls R, fwd L tching W's bk with lft hand begin rfc wheel;  
6 1&,2,3&,4 Cont whl fwd R/cls L, fwd R (*W tch M's back with lft hand*), fwd L/cls R, fwd L tch W's back w lft hnd;  
7 1&,2,3,4 [Finish triple wheel] Cont turning to fc COH M sd R/cls L, sd R (*W spin rfc L/R, L., [man spin]* M spin lfc on L, cls R fc coh, (*W in place R, L.,*);  
8 1,2,3&,4 Rk apt L, rec R, kick L/ball L, cls R;

##### 9-12 NECK SLIDE FC REV LOD;; WHEEL 4 FC LOD; 2 TRIPLES SCP LOD:::

- 9 1,2,3&,4 [Begin neck slide] Fcng coh rk apt L, rec R, sd L/cls R, sd L raise joined hands over ptnr head release hold right hands rest on ptnr's shoulder;  
10 1,2,3&,4 [Finish neck slide] Fwd R, fwd L wheel  $\frac{1}{2}$  fc wall, fwd R/cls L, fwd R wheel  $\frac{1}{4}$  fc rev lod slide hands down arms to join rt palms;  
11 1,2,3,4 [Begin wheel 4] With rt palms joined raise left hands cont wheel with swvl action L, R, L, R trng  $\frac{1}{2}$  to fc lod with M twd coh;  
12 1&,2,3&,4 Fwd L/R, L, R/L, R scp lod (*W trn rfc twd scp lod R/L,R,L/R,L,*);

##### 13-16 RK BK REC-POINT STEPS-RK BK REC::; KICK BALL CHANGE TWICE:::

- 13 1,2,3,4 In scp rk bk L, rec R, pt L look lod, stp L;  
14 1,2,3,4 Pt R look at ptnr, stp R, pt L look lod, stp L;  
15 1,2,3,4 Pt R look rt, stp R, rk bk L, rec R;  
16 1&,2,3&,4 Kick L/ball L, cls R, kick L/ball L, cls R;

### PART B JIVE

##### 1-6 FALLAWAY THROWAWAY-CHANGE LEFT TO RIGHT BFLY::; WINDMILL TWICE:::

- 1 1,2,3&,4 [Begin fallaway throwaway] Scp lod rk bk L, rec R, fwd L/cls R, fwd L (*W rk bk R, rec L , fwd R/cls L, fwd R trng lfc pu lod*);  
2 1&,2,3,4 Join lead hands sd R/cls L, sd R, [begin lft to rt] rk apt L, rec R;  
3 1&,2,3&,4 Sd L/cls R, sd L trng  $\frac{1}{4}$  rfc (*W fwd R/cls L, fwd R trng  $\frac{3}{4}$  lfc undr ld hands*), sd R/cls L, sd R fc wall;  
4 1,2,3&,4 [Begin windmills] Bfly rk apt L, rec R, fwd L/cls R, fwd L trng  $\frac{1}{4}$  lfc;  
5 1&,2,3,4 Sd R/cls L, sd R trng  $\frac{1}{4}$  lfc to coh, rk apt L, rec R;  
6 1&,2,3&,4 Fwd L/cls R, fwd L trng  $\frac{1}{4}$  lfc, sd R/cls L, sd R trng  $\frac{1}{4}$  lfc to wall;

##### 7-9 BOTH AMERICAN SPIN-BEGIN PRETZEL TURN:::

- 7 1,2,3/8,,4 Rk apt L, rec R, sd L/cls R, spn lfc L (*W rfc spin*);  
 8 1/8,,2,3,4 Sd R/cls L, sd R, [begin pretzel turn] rk bk L, rec R;  
 9 1/8,,2,3/8,,4 Sd L/cls R, sd L trng 1/4 rfc, sd R/cls L, sd R trng 1/4 rfc to fc lod keep lead hands joined throughout;

- 10-14 RK FWD REC TWICE; UNWRAP PRETZEL TURN SCP; RIGHT TURNING FALLAWAY TWICE:::**
- 10 1,2,3,4 [Cont pretzel turn] with lead hands still joined bhnd backs extend M's rt and W's lft hands twd lod rk fwd L, rec R, rk fwd L, rec R;  
 11 1/8,,2,3/8,,4 [Finish pretzel turn] Sd L/cls R, sd L trng 1/4 lfc, sd R/cls L, sd R trng 1/4 lfc to scp lod;  
 12 1,2,3/8,,4 [Begin right trng fallaways] Rk bk L, rec R fc, sd L/cls R, sd L trng 1/4 rfc;  
 13 1/8,,2,3,4 Sd R/cls L, sd R trng 1/4 rfc to fc rev lod in scp, rk bk L, rec R fc;  
 14 1/8,,2,3/8,,4 Sd L/cls R, sd L trng 1/4 rfc, sd R/cls L, sd R trng 1/4 rfc to fc lod scp;
- 15-18 RK BK REC-KICK BALL CHANGE TWICE-JIVE WALKS::: SWIVEL 3 & PU:**
- 15 1,2,3/8,,4 Rk bk L, rec R, kick L/ball L, cls R;  
 16 1/8,,2, 3,4 Kick L/ball L, cls R, [begin jive walks] rk bk L, rec R;  
 17 1/8,,2,3/8,,4 Fwd L/cls R, fwd L, fwd R/cls L, fwd R;  
 18 1,2,3,4 Swvl L, R, L, R (*W pu lod*);

#### PART C-FOXTROT(SQQ)

- 1-4 DIAMOND TURN:::**
- 1-4 Cp lod fwd L,-, sd R trng lfc, bk L contra-bjo,; bk R,-,sd L trng lfc, fwd R contra-bjo; fwd L,-, sd R trng lfc, bk L contra-bjo,; bk R,-,sd L trng lfc, fwd R contra-bjo;
- 5-8 REVERSE TRN::: 3 STP; HALF NATURAL TURN:**
- 5-6 Fwd L, -, trng lfc sd R( *W c/s*), bk L cp fc rlod; bk R trng lfc, -, sd L, fwd R contra-bjo dlw;  
 7-8 Fwd L, -, fwd R, fwd L blnd cp dlw; fwd R trng rfc, -, sd L in frnt of W (*W c/s*), bk R;
- 9-12 CLOSED IMPETUS; FEATHER FINISH; REVERSE WAVE:::**
- 9-10 Bk L trng rfc, -, cls R cont trng fc lod, bk L; bk R, -, sd fwd L, fwd R contra-bjo dlc;  
 11-12 Fwd L, -, sd R fc coh, bk L twd wall; bk R curving to fc rev, -, bk L, bk R;
- 13-16 BACK FEATHER; BACK 3STP; OPEN IMPETUS; THRU FC CLS SCP:**
- 13-14 Bk L with rt shldr lead to contra-bjo, -, bk R, bk L; bk R to cp, -, bk L, bk R;  
 15-16 Bk L trng rfc lod, -,cls R, fwd L scp lod; thru R, -, sd L fc ptnr, cls R;

#### END-JIVE

- 1-2,, FALLAWAY ROCK-RK BK REC;; PT & HOLD,,**
- 1 1,2,3/8,,4 Scp pos rk bk L, rec R, sd L/cls R, sd L;  
 2,, 1/8,,2,3,4 Sd R/cls L, sd L, rk bk L, rec R; pt L twd lod, hold-look at ptnr,