

BEI MIR BIST DU SCHON

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Music : KS Create EMD-19 CD Track 12 e-mail : d-doi@tcp-ip.or.jp
available from choreograher on MP3 file [free] or MD [at cost]
Sequence : INTRO - A - B - A - B - A - Bmod **Speed** : 42 or slow for comfort
Rhythm : Jive Phase IV + 2 **Footwork** : Opposite except where noted
Timing : QQQaQ QaQ unless noted by side of meas. **Release Date** : May, 2004 Ver. 1.2

INTRO

1 - 8 WAIT; APT REC SAND STEP 2X;; R TRNG FALLAWAY 2X;;

SAILOR SHUFFLE 2X;;

1 {Wait} Bfly Wall lead ft free wait 1 meas;
QQQQ 2-3 {Apart Recover Sand Step Twice} Rk apt L, rec R, swivel RF on R tch L toe to instep of R,
QQQQ swivel LF on R tch L heel to instep of R; swivel RF on R XLIF, swivel LF on L tch R toe to
instep of L, swivel RF on L tch R heel to instep of L, swivel LF on L XRIF blend to SCP
end SCP LOD;
4-6 {Right Turning Fallaway Twice} In SCP rk bk L, rec R to fc, trn 1/4 RF sd L/cl R, sd L;
trn 1/4 RF sd R/cl L, sd R end CP COH, repeat meas 4-5.5 release trail hnds;
end LOP Fcg Wall;
QaQQaQ 7-8 {Sailor Shuffle Twice} XLIB/sd R, sd L, XRIB/sd L, sd R body remain as stationary as
QaQQaQ possible in the center of the figure; repeat meas 7;

PART A

1 - 16 LINK RK;;, JIVE WALKS;;, SWIVL WALK 4; THROWAWAY; CHG L TO R;;, CHG HNDS BEHIND BK;;, MIAMI SPECIAL;;, APT REC MERENGUE PASS 4;;, SPANISH ARMS;;, SLO SD BRKS;;, AMERICAN SPIN;;

1-2.5 {Link Rock} Rk apt L, rec R, fwd L/cl R, fwd L to CP; sd R/cl L, sd R end CP Wall,
2.5-3 {Jive Walks} Trn to SCP rk bk L, rec R; fwd L/R, L, fwd R/L, R;
QQQQ 4 {Swivel Walk 4} In SCP swivel in sd & fwd L, swivel out fwd R; in L, out R;
QaQQaQ 5 {Throwaway} Trn to fc ptr sd L/cl R, sd L trn 1/4 LF on triple, sd R/cl L, sd R
(W pick up R/L, R, sd & bk L, cl R, sd & bk L) end LOP Fcg LOD;
6-7.5 {Change Places Left To Right} Rk apt L, rec R, sm sd L/cl R, sd L trn 1/4 RF; sd R/cl L,
sd R (W rk apt R, rec L, fwd R/cl L, fwd R trn 3/4 LF under jnd lead hnds; sd L/cl R, sd
L) end LOP Fcg Wall,
7.5-8 {Change Hands Behind Back} Rk apt L, rec R; sm fwd L/cl R, fwd L trn 1/4 LF, cont trn
sd & bk R/cl L, bk R (W rk apt R, rec L; fwd R/L, R trn 1/4 RF, cont trn sd & bk L/cl R,
bk L) jn R-R hnds end Shkhnd COH;
9-10.5 {Miami Special} Rk apt L, rec R, fwd L/R, L trn 3/4 RF to lead W to trn LF under jnd R hnds
over M's head to rest behind M's neck; sd R/cl L, sd R (W rk apt R, rec L, fwd R/L, R trn
3/4 LF under jnd R hnds; sd L/cl R, sd L release hnd hold and slide R hnd down M's L arm)
end LOP RLOD,
QQQQ 10.5-12 {Apart Recover Merengue Pass 4 To Face} In LOP RLOD XLIB, rec R; release jnd lead
QQQQ hnds comm chg sides M behind W push edge of ball of L sd remain wgt on R, hip roll on R
QQ CCW shift wgt to L cl R, repeat L, R; L, R trn 1/4 RF (W LF) to fc ptr jn lead hnds L, R
end LOP Fcg COH;

- 13-14.5 {Spanish Arms} Rk apt L, rec R trn 1/4 RF lead W to trn LF under jnd raised lead hnds, almost in pl L/R, L cont trn 1/4 RF; almost in pl R/L, R (W rk apt R, rec L trn 1/4 LF, sd R/cl L, sd R trn 3/4 RF to fc ptr; sd L/cl R, sd L) end LOP Fcg Wall,
- aSaS 14.5-15.5 {Slow Side Breaks} Push L sd/push R sd,-, cl L/cl R,-;
- 15.5-16 {American Spin} Rk apt L, rec R; in pl L/R, L brace L arm to lead W spin, sd R/cl L, sd R blend to CP (W rk apt R, rec L; fwd R/cl L, fwd R spin RF 1 full trn, sd L/cl R. sd L) end CP Wall;

PART B

1 - 16 FLICKS INTO BRKS;;;;; THROWAWAY; TRIPLE WHEEL 5;;;, LINK RK,;; CHASSE ROLL 2X;;;;; APT REC KICK BALL CHG;

- QQQQQQ 1-5 {Flicks Into Breaks} Blend to SCP rk bk L, rec R, pt L, step L fwd; pt R thru, step R thru, pt L, step L fwd; kick R thru, trn to fc ptr sd R, trn to RSCP kick L thru, trn bk to fc ptr sd L; trn to SCP kick R thru, trn to fc ptr sd R, trn to RSCP kick L thru, trn bk to fc ptr sd L; trn to SCP thru R, hold, hold/rec on ball of L, thru R end SCP LOD;
- Q - -aQ
- QaQQaQ 6 {Throwaway} Repeat meas 5 Part A jn R-R hnds end Shkhnds LOD;
- QQQaQ 7-10.5 {Triple Wheel 5} Rk apt L, rec R, trn in twd ptr and tch her back with his L hnd wheel RF sd L/cl R, sd L; trn away from ptr cont wheel RF sd R/cl L, sd R, trn in twd ptr and tch her back with his L hnd cont wheel sd L/cl R, sd L; trn away from ptr cont wheel RF sd R/cl L, sd R, trn in twd ptr and tch her back with his L hnd cont wheel sd L/cl R, sd L; lead W to spin RF sd R/cl L, sd R (W rk apt R, rec L trn 1/4 LF to trn away from ptr, wheel RF sd R/cl L, sd R; trn in twd ptr and tch his back with her L hnd cont wheel sd L/cl R, sd L, trn away from ptr cont wheel RF sd R/cl L, sd R; trn in twd ptr and tch his back with her L hnd cont wheel sd L/cl R, sd L, trn away from ptr cont wheel RF sd R/cl L, sd R comm spin 1 1/2 RF to fc ptr; cont spin L/R, L to fc ptr) end LOP Fcg LOD,
- QaQQaQ 10.5-11 {Link Rock} Rk apt L, rec R; fwd L/cl R, fwd L blend to CP, trn 1/4 RF sd R/cl L, sd R end CP Wall;
- QQQaQ 12-15 {Chasse Roll Twice} Trn to SCP rk bk L, rec R trn bk to fc ptr, sd L/cl R, sd L trn 1/2 RF (W LF) to Bk-To-Bk Pos; sd R/cl L, sd R cont trn 1/2 to fc ptr, sd L/cl R, sd L; blend to Left Half Open Pos repeat meas 12-13 on opposite foot to opposite direction to end LOP Fcg Wall;;
- QaQQaQ Note : Third time meas 15 Part B ends CP Wall
- QaQQaQ 16 {Apart Recover Kick Ball Change} Rk apt L, rec R, kick L fwd/take wgt on ball of L, replace wgt on R;

Repeat Part A

Repeat Part B

Repeat Part A

PART B mod

1 - 15 REPEAT MEAS 1 THRU 15;::::::::::;

16 RK REC FWD CHAIR;

- QQQQ 1 {Rock Recover Forward Chair} Trn to SCP rk bk L, rec R, fwd L, lunge thru R look LOD;