

CATCH A SLOW TWO STEP

CHOREOGRAPHY: Jim and Adele Chico

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RECORD: CTB 4527; TITLE, Catch A Falling Star, By Perry Como

Slow speed 2-3 RPMs

FOOTWORK: OPPOSITE. Directions For Man Unless Otherwise Indicated.

ROUNDALAB PHASE: III + 1{SWITCH(ES)}.

RHYTHM: SLOW TWO STEP & JIVE

SEQUENCE: INTRO A B A BRG1 B BRG2 A BRG2 B A A₍₁₋₇₎ END

INTRO (OP FCG):

(1 - 4) 2 MEAS WT;; APT,-, PT,-; TOG,-, TCH TO BFY,-;

In OP fcg Wt 2 Meas;; Stp Apt on L,-, Pt R at ptr,-; Stp Tog on L; Blndg to BFY Tch L to R;

A (BFY) (SLOW 2 STP):

(1 - 4) LUNGE BASICS; TWICE; UNDRARM TRN; OP BASIC;

Sd L,-, Rec R, XLif; Sd R,-, Rec L, XRif; Sd L,-, XRib (W XLif trn RF1/2 undr jnd ld hnds), Rec L (W Rec R cont trn to fc ptr); Sd R,-, XLib to 1/2 OP, Rec R to fc (W Rec L to fc LOD);

(5 - 8) 2 SWITCHES;; OP BASIC; SD BASIC; (CP WALL)

Fwd L xifo W trn RF fcg LOD in L 1/2 OP,-, Fwd R, Fwd L (W Fwd R trn RF to fc WALL); Fwd R (W Fwd L xifo M trn RF fcg LOD in 1/2 OP),-, Fwd L, Fwd R; Trn to fc ptr Fwd L,-, XRib to L 1/2 OP, Rec L to CP; Sd R,-, XLib, Rec R; (Blnd to BFY 4th time thru part A).

B (CP WALL) (JIVE):

(1 - 4) SD, TCH, SD CHASSE; R TRNG FALLWAY - RK BK (SCP) & REC;; 2 PT STPS TO CP; (FC COH)

Sd L, Tch R to L, Sd R/Cls L, Sd R; Rk Bk L trn LF to SCP, Rec R trn RF to fc ptr, Cont trn Sd L/Cls R, Sd L; Sd R/Cls L, Sd R, Rk Bk L trn LF to SCP, Rec R trn RF to fc ptr; Pt L fwd, Fwd L, Pt R fwd, Fwd R blnd to CP COH;

(5 - 8) SD, TCH, SD CHASSE; R TRNG FALLWAY - RK BK (SCP) & REC;; 2 PT STPS TO BFY; (WALL)

Repeat Part B, Meas 1-4 to BFY WALL;;;

BRG1 (CP) (TS):

(1 - 1) VINE 4;

Sd L, XRib, Sd L, XRif;

BRG2 (BFY/CP) (TS):

(1 - 2) VINE 8;;

Repeat BRG1, Meas 1; Repeat BRG1, Meas 1 (Blndg to CP Wall 2nd time thru);

END (BFY):

(1 - 1) SLOW SD STP TO 1/2 OP,-, STP APT,-;

Sd R trn LF (W RF) to 1/2 OP,-, Rsng ld hnds Stp Apt on L,-;

*Revision Date - 12/01/94
(Slowed recommended speed)*