

## C'EST SI BON III

**CHEO:** George & Joyce Kammerer, 2934 N. Shorewood Dr., McHenry, IL 60050  
Phone: 815-3851031 Email: [geojoyk@aol.com](mailto:geojoyk@aol.com)  
**RECORD:** STAR 136 Flip of Cincinnati Rag SPEED: Slow to suit  
**FOOTWORK:** Opposite RHYTHM: CHA CHA PHASE III+1  
**SEQUENCE:** A - B - C - A - B (1 - 8) - A (1-15) - END

### INTRO

**1-4 M'S R, L'S L SHOULDER TOUCHING ARMS OUT AT SHOULDER HEIGHT HER HAND ON HIS, V OP POSITION WAIT 2 MEAS ;; CIRC AWY 2 & CH ; TOG 2 & CHA BFLY ;**

1-4 Wait 2 meas ;; Fwd L, fwd R, fwd L/cl R, fwd L circ Lfc twd Centr ; Fwd R, fwd L, fwd R/cl L, fwd R cont. trn Bfly WALL ;

### PART A

**1-4 BASIC ;; BRK BK OP FWD CH ; WLK 2 CH ;**

1-2 Fwd L, rec R, sd L/cl R, sd L ; Bk R, rec L, sd R/cl L, sd R ;

3-4 Brk bk L OP, rec fwd R, fwd L/cl R, fwd L ; Fwd R, fwd L. fwd R/ck L, fwd R ;

**5-8 SLD DOOR ; RK SD, REC FC, CH ; CUCHARACHA TWICE ;;**

5-6 Rk apt L, rec R, XLIF/sd R, XLIF ; Rk apt R, rec fc L, fwd R/cl L, fwd R ;

7-8 Sd L partial wgt, rec R, cl L/stp R, stp L ; Sd R partial wgt, rec L, cl R/stp L, stp R ;

**9-12 CHASSE PEEK-A-BOO ;;;;**

9-10 Fwd L trng \_ Rfc, rec fwd R, fwd L/cl R, fwd L ; sd R look ovr L shldr, rec L, in pl R/L, R ;  
(W bk R, rec L, fwd R/cl L, fwd R ; Sd L, rec R, in pl L/R, L ;)

11-12 Sd L, rec R look ovr R shldr, in pl L/R, L ; Fwd R trng Lfc \_, rec fwd L, fwd R/cl L, fwd R ;  
(W fwd L, rec R, bk L/cl R, bk L ;)

**13-16 BRK BK OP REC FWD CH ; WLK 2 CH ; SLD DOOR ; RK SD, REC FC, CH ;**

13-14 Brk bk L LOP, rec fwd R, fwd L/cl R, fwd L ; Fwd R, fwd L, fwd R/cl L, fwd R ;

15-16 Rk apt L, rec L, XRIF/sd L, XRIF ; Rk apt L, rec fc R, fwd L/cl R, fwd L ;

### PART B

**1-4 ALEMANA ;; LARIAT ;;**

1-2 Fwd L, rec R, sd L/cl R, sd L fc W leading W to trn Rfc (Bk R, rec fwd L, sd R/cl L, sd R) ;  
Bk R, rec L, sd R/cl L, sd R (W circ under jnd hds fwd XLIF trn RF, fwd R cont trn,  
Sd L/cl R, sd L to M's R sd) ;

3-4 Sd L, rec R, in plc L/R, L ; Sd R, rec L, in plc R/L, R ; (W circ CW arnd M fwd R, fwd L,  
Fwd Rcl L, fwd R ; Fwd L, fwd R, fwd L/cl R, sd L fc M) BFLY Wall ;

**5-8 NEW YORKER RLOD ; CRAB WLK ;; NEW YORKER LOD FC ;**

5-6 Thru L LOP, rec R BFLY, Sd L/cl R, sd L BFLY ; XRIF, sd L, XRIF/sd L, XRIF ;

7-8 Sd L, XRIF, sd L/cl R, sd L ; Thru R OP, rec L BFLY, sd R/cl L, sd R fc ;

**9-12 OPN BRK ; WHIP ; FENCELINE TWICE ;;**

9-10 Rk apt L extnd free arm up palm out, rec R, sd L/cl R, sd L ; Bk R trn \_ Lfc, rec fwd L  
cont trn \_, sd R/cl L, sd R (W fwd L outsd M, fwd R trn \_ Lfc, sd L/cl R, sd L) BFLY ;

11-12 Cross lunge thru R, rec fc L, sd R/cl L, sd R ; Cross lunge thru L, rec fc R, sd L/co R, sd L ;

**13-16 OPN BRK ; WHIP ; SHLDR/SHLDR TWICE ;;**

13-14 Repeat meas 9—10

15-16 XLIF SCAR Rlod (W XRIB), rec R fc, sd L/cl R, sd L ; XRIF BJO (W XLIB), rec L fc,  
Sd R/cl L, sd R ;

PART C

1-4 SAND STP TWICE ;; TRAV DOOR TWICE ;;

1-2 L toe touch next to R instep, L heel touch next to R instep, cross L/sd R, cross L ;  
R toe touch next to L instep, R heel touch next to L instep, cross R/sd L, cross R ;

3-4 Rk sd L, rec R, cross L/sd R, cross L ; Rk sd R, rec L, cross R/sd L, cross R ;

5-8 CIRC AWAY 2 & CHA ; CIRC TOG 2 & CHA ; WHEEL 2 & CHA TWICE ;;

5-6 Fwd L, fwd R, fwd L/cl R, fwd L circ Lfc twd Cntr ; Fwd R, fwd L, fwd R/cl L,  
Fwd R cont trn BOLERO BJO ;

7-8 Whl fwd L, fwd R, fwd L/cl R, fwd L ; Whl fwd R, fwd L, fwd R/cl L, fwd R fc Wall ;

PART A

1-4 BASIC ;; BRK BK OP FWD CH ; WLK 2 CH ;

5-8 SLD DOOR ; RK SD, REC FC, CH ; CUCHARACHA TWICE ;;

9-12 CHASSE PEEK-A-BOO ;;;;

13-16 BRK BK OP REC FWD CH ; WLK 2 CH ; SLD DOOR ; RK SD, REC FC, CH ;

PART B (1-8)

1-4 ALEMANA ;; LARIAT ;;

5-8 NEW YORKER RLOD ; CRAB WLK ;; NEW YORKER LOD FC ;

PART A (1-15)

1-4 BASIC ;; BRK BK OP FWD CH ; WLK 2 CH ;

5-8 SLD DOOR ; RK SD, REC FC, CH ; CUCHARACHA TWICE ;;

9-12 CHASSE PEEK-A-BOO ;;;;

13-15 BRK BK OP REC FWD CH ; WLK 2 CH RLOD ; SLD DOOR ;

END

LUNGE APT, TWIST;

Lunge apt R both arms out, twist Lfc M's R arm up L arm twds partner (W opp);

**7 CEST SI BON III**

INTRO ; ; CIRC AWAY & TOG ; ;

**A-8 BASIC;; BRK BK,CHA ; WLK 2, CH; SLD DOOR; RD SD FC CH; 2 CUCKS;;**

**9 PEEK BOO ;;;; BRK BK REC FWD CHA; WLK 2CHA; SLD DOOR; RK APT REC FC CHA;**

**B-10 ALAM;;LARIAT;; NY REV;**

**CRB WLK;; NY LOD;**

**11-OPN BRK; WHP; 2 FENCE;;**

**OPN BRK;WHP; 2 SHLD/SHLD;;**

**C-12 SND STP 2;;TRV DOOR 2;; CIRC AWY & TOG BJO;;WHEEL2 CHA 2;;**

**PART A- REPEAT**

**PART B -ALA,LAR,NY,CB WLK,NY**

**PART A REPEAT TO CUCKS**

**13 PEEK A BOO FOR END**

**BRK BK TO OP FWD CHA;;**

**WLK 2 CHA; SLD DOOR;**

**END LUNGE APT, TWIST**