

CHA MEDLEY

Composers: Pete & Mary McGee 1333 Kingston Ct. Northampton, Pa 18067,

(610) 2262-3369 Internet: pandmmcgee@rcn.com

Music: CD – Requests 6 Gunter Noris or Contact Choreographer

Phase & Rhythm: Phase IV+2 Cha-cha (Open Hip Twist & Single Cubans)

Sequence: Intro, A, B, A, Bridge, C, C, D, E, End 2006

MEASURES

INTRODUCTION

- 1-4 V POS-HNDS ON HIPS-R (L) FT POINTED BACK TWD RLOD-WAIT PU NOTES + 1 MEAS;**
1 [Wait 1 Meas] V pos fcg DLW (DLC)-hnds on hips-looking at ptr R (L) ptd bk twd RLOD wait pu notes + 1 meas;
2 [HIPS RKS 4] Hip rk R,L,R,L, (L,R,L,R);
3 [2 FWD CHAS] Fwd R/Lk LIB, fwd R; fwd L/lk RIB, fwd L;
4 [SPT TRN] Xrif of L comm lfc trn, cont trn rec L, sd R/L, R fc w;

PART A

- 1-8 HALF BASIC; FAN; HOCKEY STICK;; ROCK 4; ALEMANA;; NEW YORKER;**
1 [HALF BASIC] Cp fwd L, rec R, sd L/cl R, sd L;
2 [FAN] Bk R, rec L, sd R/L, R (Fwd L twd M, sd and bk R trng lfc 1/4 , bk L/lk RIF, bk L);
3 - 4 [HKEY STICK] Fwd L, rec R, in pl L/R, L; bk R, rec L, fwd R/cl L, fwd R ending DRW (Cl R to L, fwd L, sm fwd R/lk LIB, fwd R; Fwd L comm lfc trn, fwd & sd R cont trn to fc M, bk L/ lk RIF, bk L);
5 [HIP RKS 4] Rk fwd L, rec R, rk fwd L, rec R (Rk bk R, rec L, bk R, rec L);
6 - 7 [ALEMANA] Fwd L, rec R, in pl L/R, L; Bk R, rec L trng slightly lfc to fc w, sd R/cl L, sd R (Bk R, rec L, sm fwd R/L, R; Fwd L rfc trn, fwd R cont trn, cont trn fwd & sd L/R, sd L);
8 [New Yorker] Trn _ rfc stp fwd L, rec R trng lfc, sd L/ cl R, sd L fc ptr & w;

9-16 BK BASIC TO SCP; BK, SD, REC, KICK THRU; STEP THRU, SD, APART W/ A CHA; 2 HIP ROCKS,, TOG CHA TO BFLY; CUCARACHAS 2T; ; SINGLE CUBAN; SPT TRN TO BFLY;
9 [BK BASIC TO SCP] CP Bk R, rec L, sd R/L, R trng slightly lfc to scp;
10 [BK, SD, REC, KICK THRU] Scp stp bk L, trng rfc (lfc) to fc ptr stp sd R (L) twd RLOD, rec L (R) looking twd LOD, Kick R (L) thru to LOD;
11 [STP THRU, SD, APT W/ A CHA] Thru R (L), SD L (R) to fc ptr, bk R/ lk LIF, bk R (bk L/lk RIF, bk L);
12 [2 HIP RKS -FD CHA TO BFLY] Fwd L, rec R, fwd L/RIB, fwd L to bfly;
13 - 14 [2 CUCARACHAS] Sd R, rec L/cl R/stp in pl L, R, L; Stp sk L, rec R, in pl L/R, L;
15 [SINGLE CUBANS] Xrif/ rec L, sd R, XLIF/ rec R, sd L (XLIF/ rec R, sd L, Xrif/ rec L, sd R)
16 [SPT TRN] Repeat Meas 4 of INTRO;

PART B

- 1-8 3 HAND TO HANDS;;: THRU TO AIDA; SWITCH, REC, SINGLE CUBAN; SPT TRN; OP HIP TWIST; FAN:**
1 - 3 [3 HND TO HNDS] Trng lfc (rfc) bk L, rec R, sd L/cl R, sd L fc ptr; Trng rfc (lfc) bk R, rec L, sd R/cl L, sd R fc ptr; Repeat Meas 1 Part B;
4 [THRU TO AIDA] Thru R, trng rfc (lfc) bk L, bk R V pos/ lk LIF, bk R;
5 [SWITCH, REC, SINGLE CUBAN] Trng lfc to fc ptr bring jnd hnds thru twd LOD sd L checked, rec R, XLIF/ rec R, sd L;
6 [SPT TRN] Repeat Meas 4 of Intro;
7 [OP HIP TWIST] Brk fwd L, rec R, in pl L/ R, L (Bk R, rec L fwd R/ lk LIB, fwd R swvl _ rfc);
8 [FAN] Bk R, rec L, sd R/cl L, sd R (Fwd L, trng lfc sd & bk R fcg RLOD, bk L/ lk RIF, bk L leaving R ext fwd no wgt);
9 - 16 HOCKEY STICK; TO TRIPLE CHAS FWD & BACK ;;; UNDERARM TURN; SHOULDER TO SHOULDER2 T;;:
9 - 13 [HKEY STICK TO TRIPLE CHAS] Brk fwd L, rec R, In pl L/R, L (Cl R to L, fwd L, sm fwd R/ lk LIB, fwd R); Bk R trng rfc to fc DRW, rec fwd L trng W lfc, fwd R/ lk LIB, fwd R (Fwd L comm lfc trn, bk R fc ptr & DLC, bk L/ lk RIF, bk L); Fwd L/ lk RIB, fwd L, fwd R/lk LIB, fwd R (Bk R/ lk LIF, bk R, bk L, lk RIF, bk L); Rk fwd L, rec R, bk L/ lk RIF, bk L (Rk bk R, rec L, fwd R/ lk LIB, fwd R); Bk R/ lk LIF, bk R, bk L/ lk RIF, bk L (Fwd L/ lk RIB, fwd L, fwd R/ lk LIB, fwd R); **Note; Keep lead hnds jnd throughout Measures 9-13**

- 14 [UNDERARM TRN] Bk R trn W rfc under jnd lead hnds, rec L, sd R/cl L, sd R to bfly;
 15 - 16 [SHOULDER TO SHOULDERS 2T] Fwd L to sdcr, rec R, sd L/ cl R, sd L to fc ptr; Fwd R to bjo, rec L , sd R/ cl L, sd R fcg ptr;

BRIDGE

1 - 4 HALF BASIC; CRAB WALKS;; SPOT TRN:

- 1 [BASIC] Bffly brk fwd L, rec R, sd L/cl R, sd L;
 2 - 3 [CRAB WALKS] XRIF, sd L, XRIF/ sd L, XRIF; Sd L, XRIF, sd L/ XRIF, sd L;
 4 [SPT TRN] Repeat Meas 4 of Intro;

PART C

1 - 8 OPEN HIP TWIST; FAN; HOCKEY STICK OVERTURNED;; NEW YORKER IN 4; SWVLS 2 SLOW; 2 QK SWVLS, SD CHA; SPOT TURN:

- 1 [OP HIP TWIST] Repeat Meas 7 of Part B;
 2 [FAN] Repeat Meas 8 of Part B;
 3 - 4 [HKEY STK OVERTRND] Repeat Meas 3 Part A; Bk R trng rfc, rec L fcg DRW, sd R fc ptr/ cl L, sd R;
 5 [NY IN 4] Trng rfc _ fwd L to RLOD, rec R, sd L fc ptr, rec R;
 6 [2 SLO SWVLS] Bfly swvl lfc on L,, swvl rfc on R (Swvl rfc on R,, swvl lfc on L),;
 7 [2 QK SWVLS & SD CHA] Swvl lfc on L, swvl rfc on R, sd L/cl R, sd L (Swvl rfc on R, swvl lfc on L, sd R/cl L, sd R);
 8 [SPT TRN] Repeat Meas 4 of Intro;

PART D

1-8 BASIC; UNDERARM TRN (W OVERTURN W/ SPN) TO PATTI-KAKES-M TRANS IN 4; PATTI - KAKES;;; M TRANS IN 4; OP HIP TWIST; FAN:

- 1 [BASIC] Brk fwd L, rec R, sd L/cl R, sd L;
 2 [UNDERARM – LADY SPN – M IN 4] Bk R, rec L trng W rfc under jnd lead hnds, cl R, cl L (Fwd L, rec R, spn rfc L/R now in frnt of ptr L to his lft sd – IL palm to L palm);
 3 [PATTI – KAKES] Same foot work for both - Sd R, rec L, XRIF/ sd L, XRIF; join R palms rk sd L, rec R, XLIF/sd R, XLIF; join L palms sd R, rec L, XRIF/ sd L, XRIF; join R palms sd L, rec R, cl L to R, cl R (sd L, rec R, XLIF/sd R, XLIF); **NOTE:** Optional spns for Patti-kakes** Meas 2 & 6 remain same for M – Meas 2 remains the same for W. **MEAS 3** Same footwork for both -Sd R, rec L, spn lfc R/L, R: **MEAS 4** join R palms sd L, rec R, spn rfc L/R, L; **MEAS 5** join L palms sd R, rec L, spn lfc R/L, R: **MEAS 6 FOR W** (Sd L, rec R, spn rfc L/R,L);
 7 – 8 [BASIC TO FAN] Repeat Meas 1-2 in Part A;;

9 – 16 HKEY STICK; TO TRIPLE CHAS FWD & BACK;;; UNDERARM TURN; SHOULDER TO SHOULDER2 T;;

- 9 - 16 [HKEY STICK TO TRIPLE CHAS – UNDERARM TRN; SHOULDER TO SHOULDER 2T]
 Repeat Measure 7 - 16 Part B;;;;;;

PART E

1 – 9 3 NEW YORKERS;;; SPT TRN; 3 TIME STEPS;;; SPOT TRN; CUCARACHA IN 4;

- 1 - 3 [NEW YORKERS] Trn rfc _ fwd L fc RLOD, rec R, comm lfc trn sd L/ cl R, sd L fc ptr; Comm lfc trn, fwd R to LOD, rec L, fc ptr sd R/cl L, sd R; Repeat Meas 1 of Part #;
 4 [SPOT TURN] Repeat Meas 4 of Intro;
 5 - 7 [TIME STPS] Bk L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R; Repeat Meas 5 Part E;
 8 [SPT TRN] Repeat Meas 4 of Intro;
 9 [Cucaracha in 4] Rk sd L, rec R, cl L, in pl R;

END

1 - 8 OPEN HIP TWIST; FAN; HOCKEY STICK;;; ALEMANA OVERTRND TO SHADOW- M TRANS;; TRAVELING DOOR; SD, X, SD, LUNGE;

- 1 [OP HIP TWIST] Repeat Meas 7 of Part B;
 2 [FAN] Repeat Meas 8 of Part B;
 3 - 4 [HKEY STK] Repeat Meas 3 & 4 of Part A;; Bk R trng rfc, rec L fcg DRW, sd R fc ptr/ cl L, sd R;
 5 - 6 [ALEMANA OVERTRND TO SHADOW]; Fwd L, rec R, stpL/Rl in pl; bk R trng W rfc rec L, stp R, stp L; (Bk R, rec L, sm fwd R/L, R; fwd L comm rfc trn fwd R cont trn, trn L/R, L to shadow fc w);
 7 [TRAVELING DOOR] No hnds jnd Rk sd R, rec L, XRIF/ sd L, XRIF;
 8 Sd L, XRIF, sd L, Lunge thru R ext L arms out & R arms up with palms out match W;

