

CHA MEDLEY

Composers: Pete & Mary McGee 1333 Kingston Ct. Northampton, Pa 18067,
(610) 2262-3369 Internet: pandmmcgee@rcn.com

Music: CD – Requests 6 Gunter Noris or Contact Choreographer
Phase & Rhythm: Phase IV+2 Cha-cha (Open Hip Twist & Single Cubans)
Sequence: Intro, A, B, A, Bridge, C, C, D, E, End 2006

MEASURES

INTRODUCTION

- 1-4 V POS–HNDS ON HIPS–R (L) FT POINTED BACK TWD RLOD-WAIT PU NOTES + 1 MEAS;**
1 [Wait 1 Meas] V pos fcg DLW (DLC)–hnds on hips-looking at ptr R (L) ptd bk twd RLOD wait pu notes + 1 meas;
2 [HIPS RKS 4] Hip rk R,L,R,L, (L,R,L,R);
3 [2 FWD CHAS] Fwd R/Lk LIB, fwd R; fwd L/lk RIB, fwd L;
4 [SPT TRN] XRIF of L comm lfc trn, cont trn rec L, sd R/L, R fc w;

PART A

1-8 HALF BASIC; FAN; HOCKEY STICK;; ROCK 4; ALEMANA;; NEW YORKER;

- 1 [HALF BASIC] Cp fwd L, rec R, sd L/cl R, sd L;
2 [FAN] Bk R, rec L, sd R/L, R (Fwd L twd M, sd and bk R trng lfc 1/4 , bk L/lk RIF, bk L);
3 - 4 [HKEY STICK] Fwd L, rec R, in pl L/R, L; bk R, rec L, fwd R/cl L, fwd R ending DRW (Cl R to L, fwd L, sm fwd R/lk LIB, fwd R; Fwd L comm lfc trn, fwd & sd R cont trn to fc M, bk L/ lk RIF, bk L);
5 [HIP RKS 4] Rk fwd L, rec R, rk fwd L, rec R (Rk bk R, rec L, bk R, rec L);
6 – 7 [ALEMANA] Fwd L, rec R, in pl L/R, L; Bk R, rec L trng slightly lfc to fc w, sd R/cl L, sd R (Bk R, rec L, sm fwd R/L, R; Fwd L rfc trn, fwd R cont trn, cont trn fwd & sd L/R, sd L);
8 [New Yorker] Trn _ rfc stp fwd L, rec R trng lfc, sd L/ cl R, sd L fc ptr & w;

9-16 BK BASIC TO SCP; BK, SD, REC, KICK THRU; STEP THRU, SD, APART W/ A CHA; 2 HIP ROCKS,, TOG CHA TO BFLY; CUCARACHAS 2T; ; SINGLE CUBAN; SPT TRN TO BFLY;

- 9 [BK BASIC TO SCP] CP Bk R, rec L, sd R/L, R trng slightly lfc to scp;
10 [BK, SD, REC, KICK THRU] Scp stp bk L, trng rfc (lfc) to fc ptr stp sd R (L) twd RLOD, rec L (R) looking twd LOD, Kick R (L) thru to LOD;
11 [STP THRU, SD, APT W/ A CHA] Thru R (L), SD L (R) to fc ptr, bk R/ lk LIF, bk R (bk L/lk RIF, bk L);
12 [2 HIP RKS –FD CHA TO BFLY] Fwd L, rec R, fwd L/RIB, fwd L to bfly;
13 - 14 [2 CUCARACHAS] Sd R, rec L, cl R/stp in pl L, R, L; Stp sk L, rec R, in pl L/R, L;
15 [SINGLE CUBANS] XRIF/ rec L, sd R, XLIF/ rec R, sd L (XLIF/ rec R, sd L, XRIF/ rec L, sd R)
16 [SPT TRN] Repeat Meas 4 of INTRO;

PART B

1-8 3 HAND TO HANDS;;; THRU TO AIDA; SWITCH, REC, SINGLE CUBAN; SPT TRN; OP HIP TWIST; FAN;

- 1 - 3 [3 HND TO HNDS] Trng lfc (rfc) bk L, rec R, sd L/cl R, sd L fc ptr; Trng rfc (lfc) bk R, rec L, sd R/cl L, sd R fc ptr; Repeat Meas 1 Part B;
4 [THRU TO AIDA] Thru R, trng rfc (lfc) bk L, bk R V pos/ lk LIF, bk R;
5 [SWITCH, REC, SINGLE CUBAN] Trng lfc to fc ptr bring jnd hnds thru twd LOD sd L checked, rec R, XLIF/ rec R, sd L;
6 [SPT TRN] Repeat Meas 4 of Intro;
7 [OP HIP TWIST] Brk fwd L, rec R, in pl L/ R, L (Bk R, rec L fwd R/ lk LIB, fwd R swvl _ rfc);
8 [FAN] Bk R, rec L, sd R/cl L, sd R (Fwd L, trng lfc sd & bk R fcg RLOD, bk L/ Lk RIF, bk L leaving R ext fwd no wgt);

9 – 16 HOCKEY STICK; TO TRIPLE CHAS FWD & BACK ;;;; UNDERARM TURN; SHOULDER TO SHOULDER2 T;;

- 9 - 13 [HKEY STICK TO TRIPLE CHAS] Brk fwd L, rec R, In pl L/R, L (Cl R to L, fwd L, sm fwd R/ lk LIB, fwd R); Bk R trng rfc to fc DRW, rec fwd L trng W lfc, fwd R/ lk LIB, fwd R (Fwd L comm lfc trn, bk R fc ptr & DLC, bk L/ lk RIF, bk L); Fwd L/ lk RIB, fwd L, fwd R,/lk LIB, fwd R (Bk R/ lk LIF, bk R, bk L, lk RIF, bk L); Rk fwd L, rec R, bk L/ lk RIF, bk L (Rk bk R, rec L, fwd R/ lk LIB, fwd R); Bk R/ lk LIF, bk R, bk L/ lk RIF, bk L (Fwd L/ lk RIB, fwd L, fwd R/ lk LIB, fwd R); ****Note; Keep lead hnds jnd throughout Measures 9-13****

