

# COLOURS

Page 1 of 3

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**RECORDING:** "Colours Of The Wind" [Flip: "Phantom Tango"] Speed 40-41 RPM

**PHASE & RHYTHM:** Rumba IV + 2 [op hip twist, op out] [Phase V with ropespun option]

**SEQUENCE:** INTRO, A, B, A, B MOD, B MOD (1-14), END

## INTRO

**1-4** OP HIP TWIST TRANS SHAD; SHAD CUCARACHA;  
1-2 [WAIT] LOP/WALL wait 2 ms lead hds joined lead ft free;  
3 QQ\_\_ [OP HIP TWIST TRANS SHAD] Fwd L, rec R, tch L to R lead W hip twist SHAD/WALL, \_\_  
(QQS) (W bk R, fwd L, fwd R swivel rf 1/2 fc Wall, \_\_);  
4 QQS [SHAD CUCARACHA] Hds on W waist sd L, rec R, cl L to R, \_\_ (W sd L, rec R, cl L to R, \_\_);

**5-8** BRK TO SKATERS; FWD WK 2T;; UNDERARM TRN TRANS FC;  
5 QQS [BRK TO SKATERS] Shad/wall sd R, rec L, xRif, \_\_ (W sd R, rec L, xRif, \_\_);  
6 QQS [FWD WK] SKATERS/LOD fwd L, fwd R, fwd L, \_\_ (W fwd L, fwd R, fwd L, \_\_);  
7 QQS [FWD WK] Fwd R, fwd L, fwd R, \_\_ (W fwd R, fwd L, fwd R, \_\_);  
8 QQ\_\_ [UNDERARM TRN TRANS FC] Fwd L lead W underarm trn, rec R, tch L to R fc WALL, \_\_  
(QQS) (W fwd L rf underarm trn, fwd R, cl L to R fc COH, \_\_);

## PART A

**1-4** OP BRK & CHG SIDES 2T;; OP BRK TO SKATERS; WHEEL;  
1 QQS [OP BRK & CHG SIDES] Join rt hds bk L, fwd R trn rf 1/2 lead W lf trn, bk L fc COH join lt hds, \_\_  
(W bk R, fwd L trn lf 1/2, bk R fc WALL, \_\_);  
2 QQS [OP BRK & CHG SIDES] Join lt hds bk R, fwd L trn lf 1/2, bk R fc WALL join rt hds, \_\_  
(W bk L, fwd R trn rf 1/2, bk L fc COH, \_\_);  
3 QQS [OP BRK TO SKATERS] Join rt hds bk L, fwd R lead W lf trn, fwd L SKATERS/RLOD, \_\_  
(W bk R, fwd L trn lf, bk R fc RLOD, \_\_);  
4 QQS [WHEEL] Fwd R rf wheel, fwd L, fwd R SKATERS/WALL, \_\_ (W bk L rf wheel, bk R, bk L fc WALL, \_\_);

**5-8** OP OUT; FAN; HOCKEY STICK;;  
5 QQS [OP OUT] Fwd L, rec R, cl L to R, \_\_ (W bk R, rec L lf trn, fwd R LOD, \_\_);  
6 QQS [FAN] Bk R, rec L, join lead hds sd R lead W fan fc WALL, \_\_  
(W fwd L LOD, fwd R trn lf 1/2, bk L fan fc RLOD, \_\_);  
7 QQS [HOCKEY STICK] Fwd L, rec R, cl L to R, \_\_ (W cl R to L, fwd L, fwd R, \_\_);  
8 QQS Bk R, fwd L DRW lead W lf trn, sd R LOP/WALL, \_\_ (W fwd L DRW, fwd R lf trn 5/8, sd L LOP fc COH, \_\_);

**9-12** OP HIP TWIST TRANS SHAD; SHAD CUCARACHA; BRK TO SKATERS; FWD WK;  
9 QQ\_\_ [OP HIP TWIST TRANS SHAD] Fwd L, rec R, tch L to R lead W hip twist SHAD/WALL, \_\_  
(QQS) (W bk R, fwd L, fwd R swivel rf 1/2 fc Wall, \_\_);  
10 QQS [SHAD CUCARACHA] Sd L, rec R, cl L to R, \_\_ (W sd L, rec R, cl L to R, \_\_);  
11 QQS [BRK TO SKATERS] Shad/wall sd R, rec L, fwd R LOD, \_\_ (W sd R, rec L, fwd R, \_\_);  
12 QQS [FWD WK] SKATERS/LOD fwd L, fwd R, fwd L, \_\_ (W fwd L, fwd R, fwd L, \_\_);

## “COLOURS” (CONT.)

- 13-16** **FWD WK; UNDERARM TRN TRANS FC; OP HIP TWIST; FAN;**
- 13 QQS **[FWD WK]** Fwd R, fwd L, fwd R, \_\_\_ (W fwd R, fwd L, fwd R, \_\_\_);
- 14 QQ\_ **[UNDERARM TRN TRANS FC]** Fwd L lead W underarm trn, rec R, tch L to R fc WALL, \_\_\_  
(Q QS) (W fwd L rf underarm trn, fwd R, cl L to R fc COH, \_\_\_);
- 15 QQS **[OP HIP TWIST]** Join lead hds fwd L, rec R, cl L to R lead W hip twist, \_\_\_  
(W bk R, fwd L, fwd R swivel rf 1/4 fc LOD, \_\_\_);
- 16 QQS **[FAN]** Bk R, rec L, sd R lead W fan pos fc WALL, \_\_\_ (W fwd L LOD, fwd R trn lf 1/2, bk L fan pos fc RLOD, \_\_\_);

## PART B

- 1-4** **ALEMANA TO LARIAT [ROPESPIN OPTION];;;**
- 1 QQS **[ALEMANA]** LOP/WALL fwd L, rec R, cl L to R alemana lead prep, \_\_\_ (W cl R to L, fwd L, fwd R, \_\_\_);
- 2 QQS Bk R lead W alemana trn, rec L, cl R to L lead W rt sd **[lead W rf spiral option]**, \_\_\_  
(W fwd L outsd M's lt sd rf trn 1/2, fwd R rf trn 1/2, fwd L M's rt sd **[rf spiral option]**, \_\_\_);
- 3 QQS **[LARIAT]** Sd L lead W lariat, rec R, cl L to R, \_\_\_ (W fwd R cw around M, fwd L, fwd R, \_\_\_);
- 4 QQS Cont lead lariat bk R, rec L, sd R LOP/WALL, \_\_\_ (W cont cw around M fwd L, fwd R, sd L, fc COH, \_\_\_);

- 5-8** **HD TO HD 3T;; SPT TRN;**
- 5 QQS **[HD TO HD]** Trn lf 1/4 bk L fc LOD, fwd R, fwd L, \_ (W trn rf 1/4 bk R fc LOD, rec L, fwd R, \_\_\_);
- 6 QQS **[HD TO HD]** Trn rf 1/2 fc RLOD bk R, fwd L, fwd R, \_\_\_ (W trn lf 1/2 fc RLOD bk L, fwd R, fwd L CP, \_\_\_);
- 7 QQS **[HD TO HD]** Trn rf 1/2 fc LOD bk L, fwd R, sd L fc WALL, \_ (W trn lf 1/2 fc LOD bk R, fwd L, sd R fc COH, \_\_\_);
- 8 QQS **[SPT TRN]** Fwd R LOD trn lf 1/2, fwd L, sd R LOP/WALL (W fwd R LOD trn rf 1/2, fwd R, sd L fc COH, \_\_\_);

- 9-11** **NY; OP CRAB WK & CK; BK TO FACING HIP RKS (QQQQ);**
- 9 QQS **[NY]** Swivel rf fwd L RLOD, rec R, sd L fc WALL, \_\_\_ (W swivel lf fwd R RLOD, rec L, sd R fc COH, \_\_\_);
- 10 QQS **[OP CRAB WK & CK]** Swivel lf fwd R LOD, swivel rf sd L, swivel lf fwd L LOD cking, \_\_\_  
(W swivel rf fwd L LOD, swivel lf sd R, swivel rf fwd R LOD cking, \_\_\_);
- 11 QQQQ **[BK TO FACING HIP RKS]** Rec bk L, rk sd R, rk sd L, rk sd R fc ptr (W rec bk R, rk sd L, rk sd R, rk sd L fc ptr);

## PART A

- 1-4** **OP BRK & CHG SIDES 2T;; OP BRK TO SKATERS; WHEEL;**
- 5-8** **OP OUT; FAN; HOCKEY STICK;;**
- 9-12** **OP HIP TWIST TRANS SHAD; SHAD CUCARACHA; BRK TO SKATERS; FWD WK;**
- 13-16** **FWD WK; UNDERARM TRN TRANS; OP HIP TWIST; FAN;**

# “COLOURS” (CONT.)

## PART B MOD

1-4 **ALEMANA TO LARIAT [ROPESPIN OPTION];;;;**

5-8 **HD TO HD 3T;;; SPT TRN;**

9-12 **HALF BASIC TO CROSS BODY 2T;;;**

9 QQS **[HALF BASIC]** CP/WALL fwd L, rec R, sd L prep cross body lead, \_\_\_ (W bk R, fwd L, fwd R COH, \_\_\_);

10 QQS **[CROSS BODY]** Bk R, fwd L lf trn, sd R CP/COH, \_\_\_ (W fwd L lf trn, bk R, sd L CP fc WALL, \_\_\_);

11 QQS **[HALF BASIC]** CP/COH fwd L, rec R, sd L prep cross body lead, \_\_\_ (W bk R, fwd L, fwd R WALL, \_\_\_);

12 QQS **[CROSS BODY]** Bk R, fwd L lf trn, sd R LOP/WALL, \_\_\_ (W fwd L lf trn, bk R, sd L LOP fc COH, \_\_\_);

13-15 **NY; OP CRAB WK & CK; BK TO FACING HIP RKS (QQQQ);**

## PART B MOD (1-14)

1-4 **ALEMANA TO LARIAT [ROPESPIN OPTION];;;;**

5-8 **HD TO HD 3T;;; SPT TRN;**

9-12 **HALF BASIC TO CROSS BODY 2T;;;**

13-14 **NY; OP CRAB WK & CK;**

## END

1-4 **BK TO AIDA WITH ARM SWEEP; HIP RKS TO FC;**

**ARM SWEEP TO FENCE LINE & EXTEND;;**

1 QQS **[BK TO AIDA]** Bk L, bk R, bk L lt arm sweep ccw fc LOD, \_\_\_ (W bk R, bk L, bk R rt arm sweep cw fc LOD, \_\_\_);

2 QQS **[HIP RKS TO FC]** Slow rk fwd R, rk bk L, rk fwd R fc ptr & WALL, \_\_\_ (W rk fwd L, rk bk R, rk fwd L fc COH, \_\_\_);

3 S\_\_ **[ARM SWEEP TO FENCE LINE]** Sweep L arm cw, \_\_\_, soft rt knee xLif RLOD, \_\_\_

(W sweep R arm ccw, \_\_\_, soft lt knee xRif RLOD, \_\_\_);

4 S\_\_ **[EXTEND]** Extend lt arm bk upper body fwd & look rt (W extend rt arm bk upper body fwd & look lt);