

Dance With Me

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Record: "Baila Con Migu" STAR 200A (flip of "One Moment In Time") Speed: 42 RPM
Rhythm: Rumba Phase: IV + 1 (Natural Top)
Footwork: Directions for man, woman opposite (or as noted)
Sequence: INTRO A B A B C D A(9-16) B C(1-14) END Released: January 2007

INTRODUCTION

- 1-4 **WAIT 2;; CIRCLE AWAY & TOGETHER (TO BFLY);;**
1-2 Wait 2 meas both fcg LOD shldrs tchg looking at ptr arms crossed at chest ld ft
ponted side;;
3-4 Fwd L moving away from ptr in a circular pattern, fwd R, fwd L to COH, -; contg
circular pattern toward ptr fwd R, fwd L, fwd R to fc ptr blending to BFLY WALL, -;

PART A

- 1-4 **FORWARD & BACK BASIC;; SIDE WALK 3; CRAB WALK 3 W/ARMS;**
1-2 Fwd L, rec R, bk L, -; bk R, rec L, fwd R, -;
3-4 Sd L, cl R, sd L, -; XRif, sd L, XRif, -;
* Note: On Crab Walks M's R W's L arms move up, down & thru to sd
- 5-8 **SIDE WALK 3; CRAB WALK 3 W/ARMS; CUCARACHA W/ARMS;;**
5-6 Repeat meas. 3-4;;
7-8 No hnds jnd stp sd L w/ partial wgt, rec R, cl L sweeping ld hnds CW (CCW) out
upward & down in front of face, -; step sd R w/ partial wgt, rec L, cl R sweeping trail
hnds CCW (CW) out upward & down in front of face, -;
- 9-12 **BASIC TO A FAN;; HOCKEY STICK;;**
9-10 Fwd L, rec R, sd L, -; bl R, rec L, sd R (W fwd L, trng _ LF sd & bk R, bk L leaving R
extended fwd w/ no wgt), -;
11-12 Fwd L, rec R, cl L bringing jnd hnds acrs in frnt of his forehead (W cl R, fwd L, fwd R), -;
Bk R, rec L allowing W to trn undr ld hnds, fwd R following W (W fwd L, fwd R trng LF
to fc ptr, sd & bl L) DRW, -;
- 13-16 **BASIC TO NATURAL TOP 3;; (WALL HNDSHK) START A FLIRT (CKG)
W ROLL TO A FAN;;**
13-14 Fwd L, rec R, trng RF sd & slightly fwd L (W bk R, fwd L, trng RF fwd R between M's
feet) to loose CP RLOD, -; XRib cont RF trn, sd L cont RF trn, cont RF trn cl R (W sd
L, XRif, cl L) endg fcg ptr & WALL HNDSHK, -;
15-16 Fwd L, rec R, sd L (W bk R, fwd L, fwd R trng LF to VAR ckg bk motion), -; Releasing
R hnds bk R, rec L, sd R (W roll LF L, R, L endg in fan pos fcg RLOD R foot
extended fwd) -;

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PART B

- 1-4** **ALEMANA;; NEW YORKER 2X;;**
- 1-2 Fwd L, rec R, cl L ldg W to trn RF (W cl R, fwd L, fwd R comm RF swvl to fc ptr), -;
Bk R, rec L, sd R (W cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, sd L), -;
- 3-4 Thru L w/ straight leg to sd by sd pos, rec R to fc ptr, sd L, -; thru R w/ straight leg to sd
by sd pos, rec L to fc ptr, sd R, -;
- 5-8** **THRU TO AIDA; SWITCH CROSS; SIDE WALK 6;;**
- 5-6 Thru L, sd R trng LF, bk L to "V" bk to bk pos, -; trng RF to fc ptr sd R ckg bringing
jnd hnds thru, rec L, XRif BFLY, -;
- 7-8 Sd L, cl R, sd L, -; cl R, sd L, cl R, -;

REPEAT PART A

REPEAT PART B

PART C

- 1-8** **SLOW MERENGUE; 2 QUICK MERENGUE; DOOR 2X;;**
SLOW MERENGUE; 2 QUICK MERENGUE; DOOR 2X;;
- 1-2 Sd L, -, cl R,-; sd L, cl R, sd L, cl R; Note: Merengue action should drag the tips of the
toes across the floor as each foot moves giving very visual knees and maximizing hip
movement naturally.
- 3-4 Rk sd L, rec R, XLif, -; rk sd R, rec L, XRif, -;
- 5-8 Repeat meas. 1-4;;;;
- 9-12** **(SEMI) PROGRESSIVE WALK 3; THRU TO AIDA; BACK LOCK BACK 2X;;**
- 9-10 SCP fwd L, fwd R, fwd L, -; thru R, sd L trng RF, bk R to "V" bk to bk pos, -;
- 11-12 Bk L, XRif, bk L, -; bk R, XLif, bk R, -;
- 13-16** **SWITCH CROSS; CUCARACHA; BASIC TO FAN;;**
- 13-14 Trng LF to fc ptr sd L ckg bringing jnd hnds thru, rec R, XLif BFLY, -; step sd R w/
partial wgt, rec L, cl R, -;
- 15-16 Repeat Part A meas. 9-10;;

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PART D

- 1-8** **START HOCKEY STICK; CUCARACHA 2X;; FINISH HOCKEY STICK TO LARIAT;;; SHOULDER TO SHOULDER 2X;;**
- 1-6 Fwd L, rec R, cl L bringing jnd hnds acrs in frnt of his forehead (W cl R, fwd L, fwd R w/ L hnd on hip), -; Looking at ptr M's R hnd on frnt of W's R hip step sd R w/ partial wgt, rec L, cl R, -; step sd L w/ partial wgt, rec R, cl L, -; bk R, rec L allowing W to trn undr ld hnds, cl R (W fwd L, fwd R trng LF to fc ptr, sd L), -; sd L, rec R cl L (W circle CW arnd M R, L, R), -; sd R, rec L, cl R (W cont CW arnd M L, R, L to fc M), -;
- 7-8 Rk fwd L to BFLY SCAR, rec R to fc, sd L (W rk bk R, rec L to fc, sd R), -; Rk fwd R to BFLY BJO, rec L to fc, sd R (W rk bk L, rec R to fc, sd L), -;

REPEAT PART A(9-16)

REPEAT PART B

REPEAT PART C(1-14)

END

- 1-3+** **BASIC; CRAB WALK 3; 2 SIDE CLOSES; SIDE LUNGE.**
- 1-2 Fwd L, rec R, sd L, -; XRif, sd L, XRif, -;
- 3+ Sd L, cl R, sd L, cl R; Sd L flexing supporting knee leaving R leg extended with toe pointing to floor,