

HIDE NOR HAIR

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Music: "Hide Nor Hair", Ross Mitchell, STAR-509CD
(Contact Palomino Records or choreographer)
Original source: "Sweet Beat", Dance & Listen Records, DLD 1046
Rhythm/Phase: Jive, Phase V
Timing: Noted on sd of meas. Reflects actual wgt chgs (W in parentheses)
Sequence: **INTRO A B A B ENDING** Released: January, 2004



INTRO

1 - 4 WT;; DISCO LUN (2X); W TRN, TCH & CHASSE TO SCP;

- 1-2. Wt 2 meas in TANDEM pos Wall w/ W IF of M and M's hnds on W's hips and W's hnds dwn at sds w/ ld ft free for bth;;
- 1-3- 3. With gentle pressure on W's L hip push W w/ M's L hnd to cause her to lun twd RLOD while M lun sd LOD L catching W's R hip w/ M's R hnd and releasing M's L hnd from W's hip,-, push W w/ M's R hnd to cause her to lun twd LOD while M lun sd RLOD R catching W's L hip w/ M's L hnd and releasing M's R hnd from W's hip (W lun sd RLOD R while looking at M and placing free R hnd at her R hip and free L hnd at outsd of L thigh,-, lun sd LOD L while looking at M and placing free L hnd at her L hip and free R hnd at outsd of R thigh),-;
- 1-3a4 4. Sip L, tch R, sd chasse RLOD R/L,R (W sip R trng ½ RF, tch L, sd chasse RLOD L/R,L) blending to SCP LOD;

PART A

1 - 4 RT TRNG FALWY; -,-,RK APT TO CHEST PUSH AMER SPN;; (SHAKE HNDS) START MIAMI SPECIAL;

- 123a4 1. In SCP LOD rk bk L, rec R, trng ¼ RF chasse sd L/R,L;
- 1a234 2. Cont RF trn ¼ chasse sd R/cl L, sd R to SCP RLOD, blending to ½ OP RLOD rk apt L, rec R trng ¼ RF (W ¼ LF to fc ptr & COH);
- 1a2 3a4 3. Trpl in plc L/R,L leaving M's R arm arnd W and extending M's free L arm out to sd, trpl in plc R/L,R (W trpl in plc R/L,R while placing her R hnd on M's chest and extending free L arm straight up and using R hnd to push off M's chest to commence RF spn on last stp, fin RF spn L/R,L) to end fcg ptr & COH and joining R hnds;
- 123a4 4. Rk apt L, rec R, chasse fwd L/R,L passing R shldrs and trng ¾ RF leading W to trn LF undr jnd R hnds then put jnd hnds ovr M's hd so that hnds rest bhd his neck (W rk apt R, rec L, chasse fwd R/L,R trng ¾ LF undr jnd R hnds) to end bth fcg RLOD w/ R hnds jnd bhd M's neck and M's L arm arnd W's lower bk;

5 - 8 FIN MIAMI SPECIAL,-,-,RK TO THE HIP BUMP;; RK & M TRN RF TO HAMMERLOCK; -,-,RK APT TO;

- 1a234 5. Sd chasse apt R/L,R releasing R hnds and sliding W's R hnd dwn M's L arm to end in LOP RLOD, rk apt by crossing Lib of R (W XRib of L), rec R;
- 1-3a4 6. Sd L twd ptr while lowering in L leg, straighten leg while bumping M's L & W's R hips together w/o changing wgt, chasse apt R/L,R to LOP fcg pos Wall;
- 123a4 7. Rk apt L, rec R joining trailing hnds so that all hnds are jnd, trpl in plc L/R,L while trng ½ RF undr jnd M's R & W's L hnds while leaving jnd ld hnds low (W rk apt R, rec L, trpl in plc R/L,R);

- 1a234 8. Trpl in plc R/L,R while trng ¼ RF bringing M's R & W's L hnds dwn in frnt of W (W trpl in plc L/R,L while trng ¼ LF) to end M fcg LOD and W fcg RLOD w/ jnd ld hnds bhd M and other jnd hnds in frnt of W, rk apt L, rec R;

9 -12 CIRCULAR KCK/BALL, CROSSES;; RK APT, M TRN LF-W TRN RF TO HAMMERLOCK; -,-,RK APT TO;

- a2-a4
-a6-a8 9-10. Making a ½ RF trn ovr next two measures and maintaining Hammerlock pos throughout swvl slightly LF kck fwd L/cl L swvling slightly RF, XRif of L (W swvl slightly RF kck fwd R/cl R swvling slightly LF, stp fwd L), rpt 3 more times to end w/ M fcg RLOD;;
- 123a4 11. Rk apt L, rec R, trpl in plc L/R,L while trng ¾ LF bringing jnd M's R hnd and W's L hnd up and ovr M's hd while leaving jnd ld hnds low (W rk apt R, rec L, trpl in plc R/L,R trng ¼ RF to fc ptr) to end in dbl hndhold w/ M fcg COH and W fcg RLOD;
- 1a234 12. Trpl in plc R/L,R trng ¼ LF to fc RLOD while bringing jnd ld hds up for W to trn undr and leaving jnd M's R & W's L hnds low (W trpl in plc L/R,L trng ¾ RF undr jnd ld hnds) to end M fcg RLOD and W fcg LOD w/ ld hnds jnd in frnt of M and other jnd hnds bhd W, rk apt L, rec R;

13-16 CIRCULAR KCK/BALL, CROSSES;; RK APT & W UNDRM ROLL TO FC WALL & SD, CL;;

- a2-a4
-a6-a8 13-14. Rpt meas 9-10 of PART A to end M fcg LOD;;
- 123a4
(1234) 15. Rk apt L, rec R, rel all hnds and trpl in plc L/R,L while trng ¼ RF to fc Wall while connecting top of M's R wrist underneath W's R wrist and pushing W's R arm up then connecting R hnds above W's hd at end of trpl (W rk apt R, rec L, moving past M's R sd twd RLOD commence to roll 1¾ RF R,L) [Note: W's undrm roll will cont into next meas]
- 1234 16. Sd RLOD R, cl L, sd R, cl L (W cont RF undrm roll undr jnd R hnds R,L, sd RLOD R, cl L) to end bth fcg Wall bringing jnd R hnds dwn in frnt of W;

PART B

1 - 4 ELVIS KNEES (SSOQS);; STP, KCK, BK CHASSE; RK BK, REC, FWD 2;

- 1-3- 1. [Note: No hnds jnd and identical footwork through meas 8] Releasing hnds stp sd RLOD R w/ straight leg extending R hip to sd allowing L knee to veer strongly in twd R leg while lowering hd and placing palm of R hnd on forehead and placing L hnd bhd bdy w/ fingers spiked and palm fcg COH,-,chg position by shifting to L w/ straight leg extending L hip to sd allowing R knee to veer strongly in twd L leg while keeping hd lowered and placing palm of L hnd on forehead and placing R hnd bhd bdy w/ fingers spiked and palm fcg COH,-; [Note: The easier option is to dance the Elvis Knees w/o the hd and hnd actions]
- 123- 2. Rpt above action while shifting wgt to R, then to L, then to R,-;
- 1-3a4 3. Bringing the hd to upright position stp sd LOD L, kck R acrs frnt of L leg, trng ¼ LF to fc LOD chasse bk twd RLOD R/L, R to TANDEM LOD w/ M in frnt and no hnds jnd;
- 1234 4. Rk bk L, rec R, fwd LOD L, fwd R;

5 - 8 KCK TO THE MOOCH (KCK, CL, KCK, CL); (RK BK, REC, TRN RF TRPL); (RK BK, REC, KCK, CL); (KCK, CL, RK BK, REC);

- 2-4 5. In TANDEM LOD w/ M in frnt and no hnds jnd kck fwd L LOD, cl L, kck fwd R LOD, cl R;
- 123a4 6. Rk bk L, rec R trng ¼ RF to fc Wall, sd chasse LOD L/R,L trng ¼ RF to TANDEM pos RLOD;
- 12-4 7. Rk bk R, rec L, kck fwd R RLOD, cl R;
- 234 8. Kck fwd L RLOD, cl L, rk bk R, rec L;

9 -12 W TRANS TO FC, TRPL WHP WITH INSD TRN TO WRP (LOD), RK BK, REC;;;;

- 1a234
(1234) 9. Chasse fwd RLOD R/L,R (W fwd RLOD R trng ½ RF to fc LOD, sd & bk L) to LOP fcg pos RLOD, rk apt L, rec R;

- 1a234
5678 10-11. Trng 1½ RF ovr these two meas chasse fwd L/R,L trng 3/8 RF, cont RF trn XRib of L, sd L (W chasse fwd R/L,R trng 3/8 RF to CP, trng RF sd L, XRif of L); Cont RF trn XRib of L, sd L, Xrib of L commence to bring jnd ld hnds thru between ptrs to ld W's LF undrm trn, sd L taking ld hnds ovr W's hd (W cont RF trn sd L, XRif of L, fwd twd Wall L trng ¼ LF undr jnd ld hnds, sd R) to WRP pos LOD;
- 1a234 12. Trpl in plc R/L,R, rk bk L, rec R;
- 13-16 **UNWRAP KCK STPS (TO FC):: LINK TO WHP TRN (TO SCP)::**
- 2-4
-6-8 13-14. Raise jnd ld hnds and leaving other hnds jnd low kck LOD L, cl L, kck LOD R, cl R trng 1/8 RF to fc DLW (W kck LOD R, cl R trng ¼ RF undr jnd ld hnds to fc Wall, kck fwd Wall L, cl L trng ¼ RF to fc RLOD); Kck DLW L, cl L trng 1/8 RF to fc Wall, kck Wall R between W's ft, cl R (W kck RLOD R, cl R trng ¼ RF to fc COH, kck fwd L outsd ptr, cl L) to BFLY Wall;
- 123a4
567a8 15-16. Rk apt L, rec R, chasse fwd L/R,L trng ¼ RF to CP RLOD (W rk apt R, rec L, chasse fwd R/L,R trng ¼ RF to CP); Trng RF XRib of L, sd L cont RF, sd chasse R/L,R cont RF trn to fc Wall (W sd L trng RF, XRif of L cont RF trn, cont RF trn sd chasse L/R,L) blending to SCP LOD;

ENDING

- 1 - 3 **CHG PLCS R TO L; -,-,CHG PLCS L TO R IN 4 TO TANDEM; -,-,DISCO LUN & HLD;**
- 123a4 1. Rk bk L, rec R, chasse fwd sm stp L/R,L (W rk bk R, rec L, chasse fwd R/L,R tucking LF slightly twd M then trn RF undr jnd ld hnds to fc ptr & RLOD);
- 1a234 2. Slowing dwn w/ the music chasse sd & fwd R/L,R, continuing to slow w/ the music rk apt L, rec R (W chasse sd & bk L/R,L, rk apt R, rec L);
- 123- 3. Sm fwd L trng ¼ RF to fc Wall while trng W LF to fc Wall and taking jnd ld hnds ovr her hd, cl R to momentary TANDEM WRP pos Wall, lun sd LOD L while catching W's R hip w/ M's R hnd and releasing ld hnds (W fwd R twd Wall trng ¼ LF undr jnd ld hnds, cl L to R, lun sd RLOD R while looking at M and placing free R hnd at her R hip and free L hnd at outsd of L thigh),-;