

IF YOU'RE GONNA WALK

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RECORD: MERC 422-856686-7; TITLE, If Youre Gonna Walk, I'm Gonna Crawl By Sammy Kershaw

FOOTWORK: OPPOSITE. Directions For Man Unless Otherwise Indicated.

ROUNDALAB PHASE: II

RHYTHM: TWO STEP

SEQUENCE: INTRO A B INTER A B₍₁₋₁₂₎ END

INTRO (OP FCG):

(1 - 4) **2 MEAS WT;; APT,-, PT,-; TOG,-, TCH,-; (OP LOD)**

In OP FCG Wt 2 Meas;; Stp Apt L,-, Pt R at ptr,-; Stp Tog on R,-, Tch L to R blind to OP LOD,-;

(5 - 8) **CIRCLE WK 4;; (CP WALL) VINE 4; (SCP) WK 2;**

Circlg LF (W RF) awy fm ptr Fwd L,-, Fwd R,-; Cont circ in to ptr Fwd L,-, Fwd R to CP Wall,-; Sd L, XRib (W XLib), Sd L, XRif (W XLif) blind to SCP; Fwd L,-, Fwd R,-;

A (SCP):

(1 - 4) **2 FWD TWO STPS TO FC;; SLOW OP VINE;; (SCP)**

Fwd L, Cls R, Fwd L,-; Fwd R, Cls L, Fwd R trng to fc ptr,-; Sd L,-, Trng RF (W LF) to LOP fc RLOD XRib (W XLib),-; Trng to fc ptr Sd L,-, XRif (W XLif) blind to SCP,-;

(5 - 8) **2 FWD TWO STPS TO FC;; B-BALL TRN;; (OP LOD)**

Repeat Part A, Meas 1-2;; Lng Sd L,-, Rec R trn RF to fc COH (W Rec L trn LF fcg WALL),-; Lng Sd L,-, Rec R trn RF (W Rec L trn LF) to fc LOD in OP,-;

(9 -12) **DOUBLE HITCH;; 2 FWD LKS; WK & FC; (BFY)**

Fwd L, Cls R, Bk L,-; Bk R, Cls L, Fwd R,-; Fwd L, Lk Rib, Fwd L, Lk RIB; Fwd L,-, Fwd R trn to fc ptr in BFY,-;

(13-17) **SCIS THRU; TWICE TO OP; HITCH 4; WK & FC; (CP) SD, DRW, CLS,-;**

Sd L, Cls R, XLif (W XRif),- Sd R, Cls L, XRif (W XLif) to OP LOD; Fwd L, Cls R, Bk L, Cls R; Fwd L,-, Fwd R trn to fc ptr & Wall in CP,-; Sd L, Drw R to L, Cls R,-;

B (CP WALL):

(1 - 4) **L TRNG BOX;;;;**

Sd L, Cls R, Fwd L trn LF 1/4 to fc LOD,-; Sd R, Cls L, Bk R trn LF 1/4 blind to fc COH,-; Sd L, Cls R, Fwd L trn LF 1/4 to fc RLOD,-; Sd R, Cls L, Bk R trn LF 1/4 to fc WALL,-;

(5 - 8) **LACE ACROSS; TWO STP TO BFY; SLOW BK AWY 4;; (BFY)**

Fwd L xibW (W Fwd R xifM undr jnd ld hnds), Cls R, Fwd L to LOP,-; Fwd R, Cls L, Fwd R trn to fc ptr in BFY,-; Drop hnds Bk L,-, Bk R,-; Bk L,-, Bk R,-;

(9 -12) **HITCH APT; RUN 3 TO BFY; LACE BK; TWO STP TO OP;**

Bk L (W Bk R), Cls R, Fwd L,-; Fwd R, Fwd L, Fwd R to BFY,-; Repeat Part B, Meas 5-6 blind to OP LOD;;

(13-16) **W WK 4 (M HOLD);; M 2 FWD LKS & WK 2 (W HOLD);; (OP LOD)**

Drop trlg hds M hold posn 2 meas;; (W Fwd R,-, Fwd L,-; Fwd R,-, Fwd L,-;) Fwd L, Lk Rib, Fwd L, Lk Rib (W hold); Fwd L,-, Fwd R blind to OP LOD (W cont hold),-;

INTER (OP LOD):

(1 - 4) **FWD, LK, FWD,-; TWICE; SCOOT; WK 2;**

Fwd L, Lk Rib, Fwd R,-; Fwd R, Lk Lib, Fwd R,-; Fwd L, Cls R, Fwd L, Cls R; Fwd L,-, Fwd R,-;

(5 - 8) **CIRCLE WK 4;; (CP WALL) VINE 4; (SCP) WK 2;**

Repeat INTRO, Meas 5-8;;;

END (OP LOD):

(1 - 3) **W WK 4 (M HOLD);; M RUN 4 (W HOLD); (OP LOD)**

Repeat Part B, Meas 13-14;; Fwd L, Fwd R, Fwd L, Fwd R (W hold,,) blind to OP LOD;

(4 - 7) **FWD, LK, FWD,-; TWICE; SCOOT; WK 2;**

Repeat INTER, Meas 1-4;;;

(8 -11) **CIRCLE WK 4;; (CP WALL) VINE 4; (SCP) APT & PT;**

Repeat INTER, Meas 5-7;;; Releasg Ld hnds Stp Apt on L,-, Pt R at ptr,-;