

MANÁNA

CHOREOGRAPHY: Jim and Adele Chico

16325 Oak Canyon Drive, Morgan Hill, CA 95037 (408) 779-7446

CD: "MANANA", Dance Ranch 1012.

40-41 rpms

FOOTWORK: OPPOSITE. Directions For Man Unless Otherwise Indicated.

RLAB PHASE: UNPHASED (Choreographer Rating - Phase 4).

RHYTHM: MERENGUE/SAMBA

SEQUENCE: INTRO A B A B A B C B₍₁₋₆₎ END

INTRO (1/2 open-lod) - Samba:

(1 - 5) 1 MEAS WT (ticks); TRAVELING LOCKS; TWICE; FWD & BK BASIC; RK THE BOAT TWICE to fc;

In 1/2 Open LOD Wt 1 Meas; Trn LF (W RF) Fwd L/Lk Rib, Fwd L, Trn RF (W LF) Fwd R/Lk Lib, Fwd R; Repeat INTRO, Meas 2; Trn to LOD Fwd L/Cls R, SIP L, Bk R/Cls L, SIP R; Fwd L strt kne, Cls R relx kne, Fwd L strt kne, Swvlg in twds ptr Cls R to CP Wall relx kne;

A (cp wall) - Merengue:

(1 - 4) GLIDE; PROMENADE; GLIDE; PROMENADE to handshake;

Sd L/Cls R, Sd L/Cls R, Sd L, Cls R; Blind to SCP Fwd L, Fwd R trn to CP Wall, Sd L, Cls R; Repeat Part A, Meas 1-2 joining R hands;;

(5 - 8) TRADE PLACES to shldr hold;; ARM SLIDE to cp wll;;

Apt L, Rec R trn RF (W LF) fcg RLOD, Sd L, Rel R hnds & join L hnds cont trn to fc COH Apt R; Rec L trn LF (W RF) fcg RLOD, Sd R, Rel L hnds & join R hnds cont trn to fc Wall Apt L, Rec R place hnds on top of W's shldrs (W place hnds on sd of M's shldrs); Movng away frm ptr wth smll stps & wth hnds slidg down arms Bk L, Bk R, Bk L, Bk R; Movng twds ptr wth smll stps & wth ld hnds jnd & trlg hnds slidg up arms Fwd L, Fwd R, Fwd L, Fwd R to CP Wall;

B (cp wall) - Samba:

(1 - 4) LEFT TRNS; TWICE; WISK; MERENGUE BASIC;

Fwd L trn 1/4 LF/Sd R, Cls L, Bk R trn LF 1/4/Sd L, Cls R; Repeat Part B, Meas 1 to CP Wall; Sd L/XRib, Rec L, Sd R/XLib, Rec R; Sd L, Cls R, Sd L, Cls R;

(5 - 8) TRAVELING LOCKS; TWICE; FWD & BK BASIC; RK THE BOAT TWICE to fc;

Blind to 1/2 Open repeat INTRO, Meas 2-5;;;

C (cp wall) - Merengue:

(1 - 4) OPEN BREAK; MERENGUE ROLL; OPEN BREAK; MERENGUE ROLL to no hands;

Apt L shootg trlg hnds up, Rec R, Sd L, Cls R; Relse hnd hld trn LF (W RF) Sd & Fwd L to bk to bk posn, Cont trn Sd & Bk R to fc ptr, Sd L jn ld hnds, Cls R; Repeat Part D, Meas 1-2 wth no hnds joind;;

(5 - 8) CONGA WKS LEFT & RIGHT;; CONGA WKS FWD & BK;;

Sd L, XRif, Sd L, Pt R RLOD lean uppr bdy twds LOD; Sd R, XLif, Sd R; Pt L LOD lean uppr bdy twds RLOD; Twds Wall Fwd L, Fwd R, Fwd L, Pt R bk (W Pt L fwd) lean uppr bdy twds Wall; Twds COH Bk R, Bk L, Bk R, Pt L fwd (W Pt R bk) lean uppr bdy twds COH; (Note - shimmy uppr bdy on pt actions)

END (cp wall) - Samba:

(1 - 4) SPOT VOLTA 5 & TCH 3 TIMES;;; MERENGUE 2 TRN IN & PT SD (lod);

Trn LF away frm ptr (W trn RF) XLif/Sd & Bk R, Cont trn XLif/Sd & Bk R, XLif to bk to bk posn, Tch R toe to L heel; Trng RF twds ptr (W trn LF) XRif/Sd & Bk L, XRif/Sd & Bk L, XRif to fcg posn, Tch L toe to R heel; Repeat END, Meas 1 to bk to bk posn; Sd R, Cls L, Sd & Fwd R trn RF (W LF) to fc ptr, Pt L Sd to LOD raisng hnds up & out- palms up;

**Note – Allow space between bodies when in CP, I.E. "Loose"..*