

MY HEART IS AN OPEN BOOK

Composers : Sue & Phil Harris, 19130 El Cerrito Way, Aromas, CA 95004-9130 (831) 726-7053 SUZQS4U@aol.com
Record : Collectables 90191-A (Artist: Carl Dobkins, Jr.)
Sequence : INTRO-AA-B-INT-A-C-INT-A-END. (W opposite footwork)
Phase : III+2 Rhythm: Foxtrot Speed: 45 RPM Release Date: March 2000

INTRODUCTION

1 – 4 OP FC, WAIT 2 MEAS ;; TWIRL VINE 3 ; THRU to a PU ;

SQQ 1-2 Fcg ptr lead hnds jnd, wait 2 meas;;
3 Sd L,-, RXIB,- (W twrls RF under j
joined lead hnds R,-, L,R) sd L;
4 RXIF,-, L, cl R(short step),- picking lady up in front of him in CP/DLC (W L trn,-,sd R, cl L);

PART A

1 – 4 DIAMOND TURNS to CP/LOD;;;:

SQQ 1-4 Fwd L,-, sd R, bk L; Bk R,-, sd L, fwd R; Fwd L,-, sd R, bk L; Bk R,-, sd L, fwd R;
Blending to CP/LOD

5 – 8 PROGRESSIVE BOX;; FWD RUN 2; FWD RUN 2;

SQQ 5-6 Fwd L,-, sd R, cl L to R; Fwd R,-, sd L, cl R to L;
7-8 Fwd L,-, fwd R, fwd L; Fwd R,-, fwd L, fwd R;

PART B

1 – 4 WHISK; WING; TELEMARK SCP; HOVER FALLAWAY;

SQQ 1 Fwd L,-, fwd R & sd rise, LXIB; (W Bk R,-, bk & sd rise L, RXIB);
2 Fwd R,-, draw L to R, tch; (W Fwd L,-, fwd trn R, fwd trn L);
3 Fwd trn L,-, fwd trn R (W cl trn) continuing LF trn, fwd L; [SCP/DW]
4 Fwd R,-, fwd L & rise, rec R;

5 – 8 SLIP PIVOT; MANEUVER; OPEN IMPETUS; THRU FACE CLOSE;

SQQ 5 Bk L,-, bk R trng LF keeping L leg extended, fwd L (W Bk R pivoting LF on ball of R foot,
Continue LF pivot step fwd L near M's R foot, bk R) [BJO];
6 Fwd trn R,-, sd L, cl R to L; (W Small Fwd L,-, sd R, cl L to R);
7 Bk L,-, cl trn R, fwd L (W starting a RF body trn fwd R stepping between M's feet & pivoting
RF ½,-, sd & fwd trn L, fwd R) [SCP];
8 Thru R,-, fc L, cl R; [CPW]

INTERLUDE

1 – 4 HOVER SCP; MANEUVER; SPIN TURN; FEATHER FINISH;

SQQ 1-2 Fwd L,-, fwd & sd R rising, rec L; [SCP] Fwd trn R,-, sd L, cl R to L;
3-4 Bk pvt L,-, fwd R rise, sd & bk L; Bk R trng LF,-, sd & fwd L, fwd XRIF to [CBJO];

ENDING

1 – 4 TWO LEFT TURNS to WALL;; HOVER to SCP; THRU FACE CLOSE;

SQQ 1-2 Sd L, cl R to L, trn(pivot) L to fc COH,-; Sd R, cl L to R, trn(pivot) R [FC WL],-;
3-4 Repeat meas. 1 in Interlude; Thru R,-, fc L, cl R; [CPW]

5 – 6 SLOW SIDE CLOSE; LUNGE & TWIST;

SQQ 5 Slow sd L,-, cl R to L,-; Sd lunge L LOD,-, bending knee & chg motion, Twist upper body
twd RLOD & hold,-; look to [RLOD]