

NOBODY FOXTROT

CHOREOGRAPHY: Jim and Adele Chico
16325 Oak Canyon Drive, Morgan Hill, CA. 95037

RECORD: MCA-60044; TITLE, My Heart Is An Open Book, by Carl Dobkins, Jr.

FOOTWORK: Opposite. Directions for Man unless otherwise indicated.

ROUNDALAB PHASE: III + 2 (Diamond Turn, Feather Finish)

RHYTHM: Foxtrot

SEQUENCE: INTRO A A B A B A* END

INTRO (CP WALL):

(1 - 4) 2 MEAS WT;; QK VINE 4, WK & PU;

In CP fcg Wall Wt 2 meas;; Sd L, xRib, Sd L, xRif blnd to SCP; Fwd L,-, Fwd R (W trn LF to fc ptr in CP),-;

A (CP LOD):

(1 - 4) FWD,-, RUN 2; FWD,-, RUN 2; 2 LEFT TURNS;; (CP WALL)

Fwd L,-, Fwd R, Fwd L; Fwd R,-, Fwd L, Fwd R; Fwd L trn 1/4 LF,-, Sd R cont trn to fc RLOD, Cls L; Bk R cont trn to fc Wall,-, Sd L, Cls R;

(5 - 8) FOXTROT BOX;; QK VINE 4, WK & PU;

Fwd L,-, Sd R, Cls L; Bk R,-, Sd L, Cls R; Repeat INTRO, Meas. 3-4;;

*(Last time thru Chg Meas. 8 to: Fwd L,-, FwdR trn to fc Wall in CP,-;)

B (CP LOD):

(1 - 4) DIAMOND TURN;;; (CP LOD)

Fwd L trn LF to diag COH & LOD,-, Sd R cont trn, Bk L to BJO fcg diag COH & RLOD; Bk R cont trn,-, Sd L, Fwd R to fc diag Wall & RLOD; Fwd L cont trn,-, Sd R, Bk L to fc diag Wall & LOD; Bk R cont trn,-, Sd L, Fwd R blnd to CP LOD;

(5 - 8) FWD,-, RUN 2; MNVR,-, SD, CLS; SPIN TRN; FEATH FIN CKG;

Repeat Part A, Meas. 1; Fwd R trn 1/2 RF to fc RLOD,-, Sd L, Cls R; Bk L comm RF trn,-, Fwd R rising on ball of R cont trn (W bk L brush R bk to L), Rec bk on L fcg diag Wall & LOD; Bk R trn LF,-, Sd & Fwd L, xRif to CBJO fcg COH & LOD ckg fwd motion;

(9 -12) FISHTAIL; WK & FC WALL; QK VINE 4; WK & PU;

xLib (WxRif), Sd R, Fwd L, Lk Rib (W lk Lif); Fwd L,-, Fwd R trn RF to CP Wall,-; Repeat INTRO, Meas. 3-4;;

END (CP WALL):

(1 - 4) QK VINE 4; WK & PU; 2 LEFT TURNS;; (CP WALL)

Repeat INTRO, Meas. 3-4;; Repeat Part A, Meas. 3-4;;

(5 - 6) QK VINE 4; APT,-, PT,-;

Repeat INTRO, Meas. 3; Stp Apt on L,-, Pt R at ptr,-;