

THIS IS MY SONG

Choreography: Ed & Elvira Glenn

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Record: Roper 274 Flip w/ "Wednesday's Child"

Speed: 44 RPM Suggested

Rhythm & Phase Rating: Waltz, Phase IV

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Footwork: Opposite throughout; Different footwork for woman shown in parentheses

Sequence: Intro, A, B, C, B, A, C, Ending

Intro 1-4 Wait;; Rt Lunge & Extend; Recover & Slip d/c;

In CP man fcg d/w, M R (W L) ft free, wait two measures;; Sd & fwd R, soften R knee & relax R arm to allow W to extend upper body back and to L, -; Recover to L ft, -, slip R ft bk past L trng lf to d/c;

A 1-4 One If trn; Hover Corte; Outside Swivel; Start Weave 6;

Fwd L trng lf, sd R, cl L; Bk R trng lf, sd L with hovering action, rcvr R trng to bjo; Bk L drawing R xifL no wgt, -, -; (W fwd R swiveling rf to scp, -, -;) Fwd R, fwd L trng lf to cp, sd & bk R to d/c; (W fwd L, fwd R trng to cp, continue trn sd & fwd L;)

5-8 Continue Weave to Bjo: Fwd, Fwd/lk, Fwd; Mnvr; Hesitation Chg;

Trng to bjo bk L, bk R trng lf to cp, sd & fwd L to bjodlw; (W fwd R, trng lf fwd L between M's feet, sd & bk R to bjo;) Fwd R, fwd L/lk RibL, fwd L; Fwd R trng rf, sd L to cprlod, cl R; Bk L trng rf, sd R continue rf trn to d/c, draw L to R;

9-12 Two Lf Trns;; Hover Telemark; Start In & Out Runs;

Fwd L trng lf, sd R, cl L; Bk R trng lf to fc wall, sd L, cl R; Fwd L, fwd & sd R w/rising action and rf body rotation, fwd L to scp; Fwd R trng rf, sd & bk L to cprlod, bk R to bjo; (W fwd L, fwd R between M's feet, fwd L in bjo;)

13-16 Continue In & out Runs; Mnvr; Impetus Scp; Slow Sd Lk d/c;

Bk L trng rf, continue trn sd & fwd R between W's feet, fwd L to scp; (W fwd R trng rf, fwd & sd L continuing rf trn, fwd R to scp;) Fwd R trng rf, sd L to cprlod, cl R; Bk L trng rf draw R to L, cl R (heel trn) continue rf trn, fwd & sd L to scp; (W fwd R between M's feet, trng rf sd L arnd M, continue trn fwd R to scp;) Fwd R, sd L, lk RibL; (W fwd L trng lf, continue lf trn sd R to cp, lk LifR;)

B 1-4 Diamond Turn;;;;

Fwd L trng lf, continue trn sd R to diagonal, bk L to bjo; bk R trng lf, continue trn sd L, fwd R; Fwd L trng lf, continue trn sd R to diagonal, bk L; bk R trng lf, continue trn sd L, fwd R;

5-8 Op Rev Trn; Bk Waltz; Outside Chg Bjo; Mnvr;

Fwd L trng lf, sd & bk R to bjo rlod, bk L; Bk R, bk L, bk R; Bk L, bk R trng lf to cp, sd & fwd L to bjodlw; (W fwd R, trng lf fwd L between M's feet, sd & bk R to bjo;) Fwd R trng rf, sd L to cprlod, cl R;

9-12 Two RF trns;; Hvr; Chasse Bjo;

Bk L trng rf, sd R, cl L; Fwd R trng rf to fc wall, sd L, cl R; Fwd L, fwd & sd R w/rising action, fwd L to scpd/c; Thru R to cp, sd L/clR, sd L trng to bjo;

13-16 Fwd, Fwd/Lk, Fwd; Mnvr; Spin Trn; Box Finish;

Fwd R, fwd L/lk RibL, fwd L; Fwd R trng rf, sd L to cprlod, cl R; Bk L spin ½ rf, fwd R w/rising action, bkL; Bk R trng tod/c, sd L, cl R;

C 1-4 **Drag Hesitation; Bk, Bk/Lk, Bk; Impetus Scp; Start Weave 6;**
Fwd L trng lf, sd R, draw L to R trng to *bjo*, -; Bk L, bk R/lk lifR, bk R; Bk L trng rf draw R to L, cl R (heel trn) continue rf trn, fwd & sd L to *scp*; Fwd R, fwd L trng lf to *cp*, sd & bk R to *d/c*; (W fwd L, fwd R trng to *cp*, continue trn sd & fwd L, -)

5-8 **Continue Weave to Scp; Nat'l Hover Fallaway; Slip Pivot; Fc, Sd, Cl;**
Trng to *bjo* bk L, bk R trng lf to *cp*, sd & fwd L to *scpd/w*; (W fwd R, trng lf fwd L between M's feet, sd & fwd R to *scp*;) Trng rf fwd R, fwd L w/rising action, bk R *drc*; Bk L, slip R ft bk past L to *cp*, sd & fwd L to *bjod/w*; (W bk R, swivel lf fwd L to *cp*, sd & bk R to *bjo*;) Fwd R trng to *cpw*, sd L, cl R;

9-12 **Whisk; Wing; XHvr Bjo; XHvr Sdcr;**
Fwd L, sd R w/rising action, hook LibR (W hook Rib L); Fwd R, draw L to R, -; (W curving lf arnd M fwd L, fwd R, fwd L to *sdcr*;) Fwd L, sd & fwd R w/rising action, rcvr L to *bjo*; Fwd R, sd & fwd L w/rising action, rcvr R to *sdcr*;

13-16 **XHvr Scp; Chasse Scp; P/U; Chg of Dir;**
Fwd L, sd & fwd R w/rising action, rcvr L to *scp*; Thru R to *cp*, sdL/clR, sd L trng to *scp*; Fwd R, sd L, cl R; (W fwd L swivel lf to *cp*, sd R, cl L;) Fwd L w/small lf trn, sd R, draw L to R;

Ending

1-4 **Telemark Scp; Chasse Scp; Thru Prom Sway; Chg Sway**
Fwd L, trng lf sd R arnd W, sd & fwd L to *scp*; (W bk R, trng lf draw L to R (heel trn), sd & fwd R to *scp*;) Thru R to *cp*, sdL/clR, sd L trng to *scp*; Thru R, sd L w/left side stretch, relax knee, -; Chg to R sway, -, -;

Head Cues:

Intro 1-4 Wait;; Rt Lunge & Extend; Recover & Slip d/c;

A 1-4 One lf trn; Hover Corte; Outside Swivel; Start Weave 6;
5-8 Continue Weave to *Bjo*: Fwd, Fwd/lk, Fwd; Mnvr; Hesitation Chg;
9-12 Two lf Trns;; Hover Telemark; Start In & Out Runs;
13-16 Continue In & out Runs; Mnvr; Impetus Scp; Slow Sd Lk d/c;

B 1-4 Diamond Turn;;;;
5-8 Op Rev Trn; Bk Waltz; Outside Chg *Bjo*; Mnvr;
9-12 Two RF trns;; Hvr; Chasse *Bjo*;
13-16 Fwd, Fwd/Lk, Fwd; Mnvr; Spin Trn; Box Finish;

C 1-4 Drag Hesitation; Bk, Bk/Lk, Bk; Impetus Scp; Start Weave 6;
5-8 Continue Weave to Scp; Nat'l Hover Fallaway; Slip Pivot; Fc, Sd, Cl;
9-12 Whisk; Wing; XHvr Bjo; XHvr Sdcr;
13-16 XHvr Scp; Chasse Scp; P/U; Chg of Dir;

Repeat B

Repeat A

Repeat C

Ending

1-4 Telemark Scp; Chasse Scp; Thru Prom Sway; Chg Sway