

WITH LOVE

CHOREOGRAPHY: Jim and Adele Chico

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RECORD: RCA 447-0784; TITLE, My Cup Runneth Over by Ed Ames

FOOTWORK: Opposite. Directions for Man unless otherwise indicated.

ROUNDALAB PHASE: II

RHYTHM: WALTZ

SEQUENCE: INTRO A B A B ILUD C B B END

INTRO (BFY):

(1 - 4) 2 MEAS WT;; TWL VIN 3; THRU, FC, CLS; (CP)

In BFY wait 2 meas;; Sd L, XRib, Sd L (W Sd R trn RF undr jnd ld hnds, Sd L cont trn, Sd R cont trn to fc ptr); XRif (W XLif), Sd L, Cls R blindg to CP Wall;

(5 - 8) L TRNG BOX;;; (BFY)

Fwd L Trn 1/4 LF, Sd R, Cls L; Bk R Trn 1/4 LF, Sd L, Cls R; Fwd L Trn 1/4 LF, Sd R, Cls L; Bk R Trn 1/4 LF to Wall, Sd L, Cls R blindg to BFY;

A (BFY):

(1 - 4) WLZ AWY; CA TWL; (OP RLOD) BK UP WLZ; BK, DRW, TCH;

Drppg ld hnds Sd & Fwd L trn LF awy fm ptr (W trn RF), Sd & Fwd R, Cls L; Fwd R raisg trlg hnds to form arch comm RF trn (W LF), Sd & Bk L cont trn (W Sd & Bk R cont trn undr jnd trlg hnds), Cls R lowr trlg hnds to OP fcg RLOD; Bk L, Bk R, Cls L; Bk R, Drw L to R, Tch L to R;

(5 - 8) ROLL 3 RLOD; THRU, FC, CLS; (BFY) CNTR; TWICE;

Drppg trlg hnds Fwd L trn LF (W RF), Sd & Bk R cont trn twds ptr, Fwd & Sd L to OP RLOD; Fwd R trng RF (W LF) twds ptr, Sd L, Cls R blind to BFY; Sd L, Drw R to L, Cls R; Repeat Part A, Meas 7;

(9 -12) WLZ AWY; CA TWL; (OP LOD) BK UP WLZ; BK, DRW, TCH;

Repeat Part A, Measures 1 - 4 to RLOD end fcg LOD;;;;

(13-16) ROLL 3 LOD; THRU, FC, CLS; (BFY) CNTR; TWICE;

Repeat Part A, Measures 5 - 8 to LOD end fcg Wall;;;;

B (BFY):

(1 - 6) TWL VIN 3; THRU, FC, CLS; (CP) L TRNG BOX;;; (BFY)

Repeat INTRO, Meas 3-8;;;;

ILUD (BFY):

(1 - 4) LACE ACROSS; FWD WLZ; LACE BK; FWD WLZ TO BFY;

Fwd L xibo W (W Fwd R xifo M undr jnd ld hnds), Fwd R to LOP, Cls L; Fwd R, Fwd L, Cls R; Jng M's R & W's L hnd Fwd L xibo W (W Fwd R xifo M undr jnd trlg hnds), Fwd R to OP, Cls L; Fwd R trng twds ptr, Sd & Fwd L, Cls R to BFY;

C (BFY):

(1 - 4) WLZ AWY & TOG;; SOLO WLZ TRN;; (OP LOD)

Fwd L trn LF to COH, Sd R, Cls L; Fwd R trn RF to BFLY Wall, Sd L, Cls R; Sd & Fwd L trn LF, Sd & Bk R cont trn, Cls L to LOP; Bk R cont trn, Sd & Fwd L cont trn drpg ld hnds, Cls R comp trn to OP LOD;

(5 - 8) STP, SWNG,-; SPN MNVR; 2 R TRNS;; (WALL)

Fwd L, Swing R Fwd,-; Fwd R trn RF, Sd L cont trn, Cls R to CP RLOD (W SIP L trn LF, SIP R cont trn, Cls L to CP LOD); Bk L trn RF, Sd R cont trn fc LOD, Cls L; Fwd R trn RF, Sd L cont trn to Wall, Cls R;

(9 -12) TWSTY VIN 3; PROG TWKLS TO SCAR & BJO;; FC WALL, SD, CLS; (BFY)

Sd L, XRib (W XLif), Sd L to BJO DLW; XRif (W XLib), Sd L, Cls R to SCAR; XLif (W XRib), Sd R, Cls L to BJO; Fwd R trn RF to fc Wall, Sd L, Cls R blind to BFY;

END (BFY):

(1 - 4) CNTR; TWICE; TWL VIN 3; THRU, FC CLS; (CP)

Repeat Part A, Measures 7 - 8;; Repeat INTRO, Meas 3-4;;

(5 -10) L TRNG BOX;;;* (BFY) TWL VIN 3; THRU, APT, PT;

Repeat INTRO, Meas 5-8;;;* Repeat INTRO, Meas 3; XRif (W XLif), Stp Apt L, Pt R at ptr; **(Music Slows Here)*