"MARY LOU"

(An original dance composed by Walter and Vera Meier, Des Plaines, Illinois)

MUSIC: "MARY LOU", WINDSOR Record No. 7609 (78 r.p.m.) and No. 4609 (45 r.p.m.)

STARTING POSITION: Partners side-by-side facing counterclockwise around the room, lady on gent's right side, inside hands joined.

(Note: steps described are for the gent's footwork, the lady uses counterpart footwork throughout the dance.)

- MEAS. 1-2: Step forward on left foot (ct. 1); step forward on right foot, close left foot to right, step forward on right (cts. 2 and 3); point left toe to floor in front (ct. 4—Meas. 1). Release joined hands and, starting on left foot, take four walking steps to turn in a fairly wide circle away from partner; gent turning left and the lady turning right, returning to starting position (cts. 1, 2, 3, 4—Meas. 2).
- MEAS. 3-4: Repeat action of Meas. 1 for Meas. 3 (walk, step-close-step, point). Then, as the gent takes four short walking steps forward, L-R-L-R, the lady makes a right face (clockwise) turn under her own left and the gent's right arm, with four walking steps, R-L-R-L (cts. 1, 2, 3, 4—Meas. 4), During Meas. 4, the lady progresses a little farther forward than the gent as she turns and works from the gent's side to in front of him, so that the measure is ended with the lady facing the gent and the gent facing counterclockwise around the room. Partners immediately take ball-room dance position.
- MEAS. 5-6: Starting on left foot, take three two-steps forward (lady backward) (cts. 1, 2, 3, 4—Meas. 5 and cts. 1 and 2—Meas. 6). Step back on right foot (lady forward on left foot) and bend right knee in a "dip" while pointing left toe to floor in front (ct. 3) . . . and hold (ct. 4—Meas. 6).
- MEAS. 7-8: Starting on left foot, take two two-steps rotating clockwise while progressing counterclockwise around the room and making one complete turn (cts. 1, 2, 3, 4—Meas. 7). Starting on left foot, take four pivot steps making one complete right face (clockwise) turn, L-R-L-R (cts. 1, 2, 3, 4—Meas. 8). End this measure by taking original side-by-side, starting position, ready to start the dance again.

REPEAT THE ENTIRE DANCE FOR A TOTAL OF FOUR TIMES

PROMPTING CUES

MEAS. 1-2: WALK, STEP-CLOSE-STEP, POINT; TURN, TWO, THREE, FOUR

MEAS. 3-4: WALK, STEP-CLOSE-STEP, POINT; LADY TURNS, THREE FOUR

MEAS. 5-6: TWO-STEP, TWO-STEP, TWO-STEP; DIP . . . AND HOLD

MEAS. 7-8: TWO-STEP, TWO-STEP; PIVOT, TWO, THREE, FOUR