

## True Colors Personality Profiles: Instructions

1. Fill out the short True Colors form with checkboxes in each row. Add up the columns and determine your score in the four groups.
  - a. Mark the groups as #1 (highest score), #2, #3, and #4 (lowest score).
  - b. You may have a tie; that's OK.
  
2. Look up your top two profiles at the link on the blog.
  - a. There are profiles for Gold, Orange, Green, and Purple.
  - b. Read the descriptions of the groups. Start with your #1 group.
  - c. Note statements that speak to you ... statements you agree with, statements that people often use to describe you, or maybe statements you disagree with.
  - d. Read the other descriptions as well.
  - e. If you are tied between two colors or your top scores are close, decide which "color" sounds most like you.
  
3. **GROUPS.** Get into groups by color.
  - a. Introduce yourself and state your highest and lowest score.
  - b. Be sure to state whether or not you agree with the description. Does it sound like you? Why or why not?
  
4. In Google Docs, write one or two paragraphs about your True Colors profile. Answer these questions:
  - a. What did you learn about yourself that you didn't know or hadn't thought of before?
  - b. Did you agree with your assessment? Not just yes or no, but indicate what you did or did not agree with and why.
  - c. Did you learn of a career that you had not thought of before? How might you go about investigating that career option?